

Volume 4

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UNITED STATES DISTRICT COURT

NORTHERN DISTRICT OF CALIFORNIA

BEFORE THE HONORABLE JOSEPH C. SPERO, MAGISTRATE JUDGE

DAVID AND NATASHA WIT, et al., )

Plaintiffs, )

VS. )

UNITED BEHAVIORAL HEALTH, )

Defendant. )

No. C 14-2346 JCS

San Francisco, California  
Monday, October 23, 2017

**TRANSCRIPT OF PROCEEDINGS**

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8:33 a.m.

2 P R O C E E D I N G S

3 ---000---

4 **THE CLERK:** Okay. We're calling Case Number  
5 C-13-2346, Wit/Alexander versus UnitedHealthcare and Case  
6 Number 14-5337 has been consolidated into the Wit matter.

7 **THE COURT:** Okay, everyone, all parties and all  
8 counsel are present.

9 Are we ready?

10 **MR. RUTHERFORD:** Yes, Your Honor. There's a sealing  
11 issue. I didn't know if the Court wanted to take it up. It's  
12 not going to be with this witness.

13 **THE COURT:** Let's wait until the witness it's for.

14 **MR. RUTHERFORD:** Yes, Your Honor.

15 I think we're re-calling Dr. Plakun to the stand. He's on  
16 cross-examination, Your Honor.

17 **THE COURT:** Yes.

18 ERIC PLAKUN,

19 called as a witness for the Plaintiffs, having been previously  
20 duly sworn, testified further as follows:

21 **THE CLERK:** Dr. Plakun, just to remind you you're  
22 still under oath.

23 **MR. RUTHERFORD:** May I proceed, Your Honor?

24 **THE COURT:** Please.

25 ///

**PLAKUN - CROSS / RUTHERFORD****CROSS-EXAMINATION (resumed)**

**BY MR. RUTHERFORD:**

**Q.** Dr. Plakun, you recall on Wednesday of last week you testified regarding an article that you had written that pertained to lengths of stay? Do you recall that testimony generally?

**A.** Yes.

**Q.** And you testified that your study had concluded that active treatment was not a predictor of adverse outcomes?

**A.** That?

**Q.** That long-term treatment was not -- did not automatically -- did not result in adverse outcomes -- in an adverse outcome for the patient that was serving in long-term care; correct?

**A.** Long-term -- the index long-term treatment was not a predictor of adverse outcome, correct.

**Q.** Right. But your study did not conclude -- or your article did not conclude that longer lengths of stay in residential treatment are predictors of positive outcomes; correct?

**A.** That's correct.

**Q.** Or conclude that one of the goals of residential treatment should be -- should not be returning a patient to the community? In other words, you still agree that one of the -- one of the goals of treatment should be to return a patient to his or her community; correct?

## PLAKUN - CROSS / RUTHERFORD

1 A. Certainly.

2 Q. Okay. I direct your attention to Trial Exhibit 653 to  
3 page 0025.

4 A. (Witness examines document.)

5 Q. And let me know when you have that in front of you.

6 A. 0025?

7 Q. 0025 of Exhibit 653.

8 A. I have it, yes.

9 Q. And I asked you questions about this document, the LOCUS  
10 instrument, on Wednesday. Do you recall those questions  
11 generally?

12 A. Generally, yes.

13 Q. Okay. Well, directing your attention to Section 5, this  
14 is the section for medically monitored residential services;  
15 correct?

16 A. Correct.

17 Q. And the last sentence of the first paragraph indicates  
18 that "Level 5 services must be capable of providing the  
19 following"?

20 A. Yes.

21 Q. Yes. And then down at Number 5 -- I mean, I'm sorry, at  
22 Number 4 it has a paragraph entitled "Crisis Resolution and  
23 Prevention." Do you see that?

24 A. Yes.

25 Q. And that paragraph states, does it not, that "Crisis

## PLAKUN - CROSS / RUTHERFORD

1 resolution and" -- (reading)

2 "For crisis resolution and prevention that  
3 residential treatment programs must provide services  
4 facilitating return to community functioning in a less  
5 restrictive setting"?

6 Correct?

7 A. Correct.

8 Q. Now directing your attention to Exhibit 5. These are the  
9 2005 Level of Care Guidelines, Trial Exhibit 5.

10 A. (Witness examines document.)

11 Q. And let me know when you have that in front of you.

12 A. (Witness examines document.) Trial Exhibit 5, I have it.

13 Q. And directing your attention to page 0011 of that  
14 document.

15 A. Yes.

16 Q. I'm sorry. Directing your attention to 0010 of that  
17 document.

18 A. Yes.

19 Q. And to the title "Clinical Best Practices." Do you see  
20 that?

21 A. Yes.

22 Q. And you agree that these factors listed under "Clinical  
23 Best Practices" are, generally speaking, the type of factors  
24 that a clinician should collect when conducting an evaluation  
25 of a patient; correct?

## PLAKUN - CROSS / RUTHERFORD

1 A. I would agree.

2 Q. And then directing your attention now to page 0011.

3 A. (Witness examines document.)

4 Q. But on your direct examination, you brought to the Court's  
5 attention and opined that certain of these sections on  
6 page 0011 failed to meet generally accepted standards of care.  
7 Do you recall that testimony generally?

8 A. Yes.

9 Q. And specifically you pointed to Section 4.1.4.1 -- no.  
10 I'm sorry -- 4.1.4; correct?

11 A. Yes.

12 Q. And then within that, specifically 4.1.4.3?

13 A. (Witness examines document.)

14 Q. Correct?

15 A. Correct.

16 Q. And 4.1.7 just below it?

17 A. (Witness examines document.) Correct.

18 Q. But there are other treatment plan provisions within those  
19 "Clinical Best Practices" section that make no mention -- oh,  
20 and one of your criticisms was the mention of the "why now"  
21 factors and the focus on acuity; correct?

22 A. I did make reference to the "why now" factors and to the  
23 focus on acuity, yes.

24 Q. And that -- I guess the focus on both the "why now"  
25 factors and acuity was what rendered these provisions in your

## PLAKUN - CROSS / RUTHERFORD

1 opinion inconsistent with generally accepted standards of care;  
2 correct?

3 **A.** Not -- not quite. I think what I testified was that the  
4 outcomes in 4.1.4.3 were linked directly to "why now" factors  
5 instead of to potentially other factors as well; and in 4.1.7,  
6 it was the focusing of the treatment plan on the "why now"  
7 factors.

8 **Q.** Those provisions are within the section governing  
9 treatment plans; correct?

10 **A.** Correct.

11 **Q.** And that section contains other provisions that make no  
12 mention of the "why now" factors or acuity; correct?

13 **A.** Correct.

14 **Q.** So, for instance, 4.1.4.1 that focuses on short-term and  
15 long-term goals of treatment?

16 **A.** Correct.

17 **Q.** And 4.1.4.2, which speaks to the type, amount, frequency,  
18 and duration of treatment?

19 **A.** Yes.

20 **Q.** And 4.1.4.5; correct?

21 **A.** Yes.

22 **Q.** How treatment will be coordinated with other providers as  
23 well as agencies and programs and with the members involved;  
24 correct?

25 **A.** Yes.

## PLAKUN - CROSS / RUTHERFORD

1 Q. And 4.1.5; correct?

2 A. Correct.

3 Q. And 4.1.8; correct?

4 A. (Witness examines document.) Yes.

5 Q. And, in fact, 4.1.8 states, does it not, that the  
6 treatment plan and level of care are reassessed when the  
7 member's condition improves, worsens, or does not respond to  
8 treatment; correct?

9 A. Correct.

10 Q. And this first subprovision indicates that when the  
11 member's condition has improved, the provider determines if the  
12 treatment plan should be altered or if the treatment plan is no  
13 longer required; correct?

14 A. Correct.

15 Q. And then finally in the second subprovision, "When the  
16 member's condition has worsened or not responded to treatment,  
17 the provider verifies the diagnosis, alters the treatment plan,  
18 or determines if the member's condition should be treated in  
19 another level of care"; correct?

20 A. Yes.

21 Q. And in none of these provisions is "acuity" mentioned;  
22 correct?

23 A. Correct.

24 Q. And none of these provisions contains the phrase "why  
25 now"; correct?



## PLAKUN - CROSS / RUTHERFORD

1 A. That is correct.

2 Q. All right. Directing your attention again to Trial  
3 Exhibit 5 at page 0008 and 0009. We're staying in the 2015  
4 Level of Care Guidelines.

5 A. Yes.

6 Q. And specifically I want to direct your attention to the  
7 bottom of page 5-008 and the top of page 5-009. Do you see  
8 those provisions there under 1.8?

9 A. Yes.

10 Q. And you testified on direct examination that 1.8 --  
11 Section 1.8 does not meet generally accepted standards of care  
12 because its limits on improvements -- it limits improvement to  
13 the concepts of presenting problems and that those presenting  
14 problems be addressed within a reasonable period of time. Do  
15 you recall that testimony?

16 A. Yes.

17 Q. And you also testified that this provision says nothing  
18 about co-occurring problems and makes clear that improvement in  
19 the presenting problems means reduction or control of acute  
20 signs and symptoms. Do you recall that testimony?

21 A. Yes.

22 Q. But 1.8 has two subprovisions; correct?

23 A. Correct.

24 Q. And in one of those two subprovisions is -- and one of  
25 those two subprovisions is Section 1.8.2; correct?

## PLAKUN - CROSS / RUTHERFORD

1 A. Yes.

2 Q. And 1.8.2 states, does it not, (reading):

3 "Improvement in this context is measured by weighing  
4 the effectiveness of treatment against evidence that the  
5 member's signs and symptoms will deteriorate if treatment  
6 in the current level of care ends. Improvement must also  
7 be understood within the broader framework of the member's  
8 recovery, resiliency, and well-being"?

9 That's what it states; correct?

10 A. Correct.

11 Q. And there's no mention of "acuity" in that particular  
12 paragraph?

13 A. In 1.8.2?

14 Q. Correct.

15 A. Yes, that's correct.

16 Q. Or the "why now" concept; correct?

17 A. Correct.

18 Q. Now directing your attention to the June 2016 guidelines,  
19 specifically at Trial Exhibit 7. It should be in the same  
20 binder.

21 A. (Witness examines document.) Yes.

22 Q. And I'm going to have you -- I'd like to direct your  
23 attention within that exhibit to page 0032.

24 A. (Witness examines document.) Yes.

25 Q. Now, in direct testimony, specifically directing your

## PLAKUN - CROSS / RUTHERFORD

1 attention to the paragraph that begins -- second full paragraph  
2 within the box on trial exhibit page 7-0032 which begins with  
3 "The purpose of services." Do you see that?

4 A. Yes.

5 Q. Now, in direct testimony, you characterized this as a new  
6 sentence; correct?

7 A. Yes.

8 Q. And you testified that you were noting that this new  
9 sentence is actually added immediately above the "why now"  
10 paragraph; correct?

11 A. Yes.

12 Q. You can't see it on the screen, but the "why now" -- there  
13 it is -- the "why now" paragraph is the paragraph that starts  
14 with the words "The course of treatment in an intensive  
15 outpatient program"; correct?

16 A. Yes.

17 Q. And you described this sentence beginning with -- it  
18 indicates (reading):

19 "The purpose of services is to monitor or maintain  
20 stability, decreasing moderate signs and symptoms,  
21 increase functioning, and assist members with integrating  
22 into community life."

23 Do you see that sentence?

24 A. Yes.

25 Q. Okay. And you described that sentence as actually

## PLAKUN - CROSS / RUTHERFORD

1 commendable; correct?

2 A. Yes.

3 Q. That sentence is not new to the Level of Care  
4 Guidelines -- well, it was not new in June of 2016 with respect  
5 to its inclusion in the Level of Care Guidelines for intensive  
6 outpatient for mental health conditions; correct?

7 A. I don't recall specifically, but I think it's the first  
8 time that it turns up in this description of intensive  
9 outpatient treatment.

10 Q. I'd like to direct your attention to Trial Exhibit 6 at  
11 page 6-0032, and these are the January 2016 Level of Care  
12 Guidelines.

13 A. (Witness examines document.)

14 Q. Let me know when you have that in front of you.

15 A. Yes, where the sentence is actually appended to the end of  
16 the first paragraph.

17 Q. Right. So the sentence does appear as the last sentence  
18 of the first full paragraph; correct?

19 A. Yes.

20 Q. And it states, "The purpose of services" -- I mean, it's  
21 the exact same sentence as June of 2016; correct.

22 A. Yes.

23 Q. Okay. Directing your attention to Exhibit 5 at page 0030,  
24 and these are the 2015 Level of Care Guidelines.

25 A. (Witness examines document.) Yes.

## PLAKUN - CROSS / RUTHERFORD

1 Q. And, again, the sentence appears on page 5-0030 as the  
2 last sentence of that same first full paragraph?

3 A. Yes.

4 Q. And then directing your attention to Exhibit 4 at  
5 page 0027. These are the 2014 Level of Care Guidelines. The  
6 last sentence of the first full paragraph.

7 A. (Witness examines document.) Yes.

8 Q. It appears in that section as well; correct?

9 A. Yes.

10 Q. And then directing your attention to the 2017 Level of  
11 Care Guidelines, Exhibit 8, at page 0014.

12 A. Which number is that?

13 Q. Exhibit 8.

14 A. 8?

15 Q. Uh-huh, at page 0014.

16 A. (Witness examines document.) Yep.

17 Q. And that sentence appears at the end of the first full  
18 paragraph in that section as well, does it not?

19 A. Yes.

20 Q. And in 2017 in the intensive outpatient program -- well,  
21 in 2017 throughout the Level of Care Guidelines the phrase "why  
22 now" does not appear; correct?

23 A. That's correct.

24 Q. So it's not -- with respect to 2017, "why now" -- that  
25 phrase "why now" is not in the following paragraph; correct?

## PLAKUN - CROSS / RUTHERFORD

1 A. That's correct.

2 Q. Now, directing your attention back to your testimony on  
3 Wednesday, you testified regarding the concept of emerging  
4 adults. Do you generally speaking recall that testimony?

5 A. Yes.

6 Q. And I believe that you defined "emerging adults" as ages  
7 17 through 25, or thereabouts?

8 A. Yes.

9 Q. Younger adults; correct?

10 A. Yes.

11 Q. And you were also asked on direct examination about an  
12 instrument called CALOCUS? CALOCUS?

13 A. I was asked about it?

14 Q. Yeah. You were -- you testified on direct examination  
15 that CALOCUS is an instrument that works in similar fashion to  
16 the LOCUS but is based upon children and adolescents; correct?

17 A. Yes.

18 Q. You don't treat children and adolescents in your work at  
19 Austen Riggs, though; correct?

20 A. Not in my work at Austen Riggs.

21 Q. And you're not an expert on the treatment of children and  
22 adolescents?

23 A. That's correct.

24 Q. You only treat people 18 and up; correct?

25 A. At Austen Riggs.

## PLAKUN - CROSS / RUTHERFORD

1 Q. Okay. And you're not -- well, you're not offering an  
2 opinion in this case on level of care placements for  
3 adolescents; are you?

4 A. No, I'm not.

5 Q. Okay. And you're not offering an opinion in this case on  
6 level of care placement for children either?

7 A. That's correct.

8 Q. You are also not offering -- although you have provided  
9 testimony with respect to certain parts of the Level of Care  
10 Guidelines that you opine are not consistent with generally  
11 accepted standards of care, you are not offering explicit  
12 recommendations on how the language in the Level of Care  
13 Guidelines should be changed; correct?

14 A. That's correct.

15 Q. Now, in preparation for your work as an expert witness in  
16 this case and for your testimony at trial, you testified that  
17 you reviewed certain documents. Do you generally recall that  
18 testimony?

19 A. Yes.

20 Q. And the documents that you reviewed included the Level of  
21 Care Guidelines?

22 A. (Nods head.)

23 Q. And the Coverage Determination Guidelines?

24 A. Yes.

25 Q. And I think you said other relevant documents; correct?

## PLAKUN - CROSS / RUTHERFORD

1     **A.**    Yes.

2     **Q.**    Okay.  But you didn't review -- you understand that the  
3     plaintiffs here are covered -- these coverage determinations  
4     for the plaintiffs in this case were made pursuant to health  
5     plans that the plaintiffs have; correct?

6     **A.**    Yes.

7     **Q.**    And you understand that the benefits that the plaintiffs  
8     received are benefits that were defined by their health plans;  
9     correct?

10    **A.**    Yes.

11    **Q.**    And you didn't review the health plans in this case?

12    **A.**    No.

13    **Q.**    Now, you testified on direct examination about the  
14    custodial care Coverage Determination Guidelines.  Do you  
15    recall that testimony generally?

16    **A.**    Yes.

17    **Q.**    The exhibits were -- we're not going to look at all of  
18    them, but if you could sort of get to the following set of  
19    exhibits, which would be Exhibits 10, 47, 84, 108, 148, 195,  
20    and 221.  And I think for ease of reference, you can look at  
21    Exhibit 148.

22           But those are the custodial care coverage of determination  
23    guidelines; correct?

24    **A.**    Correct.

25    **Q.**    And you testified on direct examination that you had



## PLAKUN - CROSS / RUTHERFORD

1 reviewed these Coverage Determination Guidelines; correct?

2 A. Yes.

3 Q. And you compared them to generally accepted standards of  
4 care?

5 A. Yes.

6 Q. And you compared them to certain of the CMS guidelines as  
7 well; correct?

8 A. Correct.

9 Q. And you found that their definition of "custodial care"  
10 was too broad?

11 A. That the UBH guidelines definition of "custodial care" was  
12 too broad, yes.

13 Q. Correct. And that the UBH definition of "active  
14 treatment" was too narrow; correct?

15 A. Correct.

16 Q. Now, directing your attention to Exhibit 148 to  
17 page 148-003 --

18 A. Yes.

19 Q. -- to the first bullet point where it reads (reading):

20 "Custodial care is a psychiatric inpatient or  
21 residential setting" -- "Custodial care in a psychiatric  
22 inpatient or residential setting is any of the  
23 following..."

24 And it indicates Certificate of Coverage; correct?

25 A. Correct.

**PLAKUN - REDIRECT / KRAVITZ**

1 **Q.** And Certificate of Coverage is in a health plan -- is one  
2 of the health plan documents; correct?

3 **A.** Yes.

4 **MR. RUTHERFORD:** One moment, Your Honor.

5 (Pause in proceedings.)

6 **MR. RUTHERFORD:** No further questions, Your Honor.

7 **THE COURT:** Okay. Redirect.

8 **REDIRECT EXAMINATION**

9 **BY MR. KRAVITZ:**

10 **Q.** Good morning, Dr. Plakun.

11 On cross-examination last Wednesday you were asked a  
12 question about residential treatment centers that contained the  
13 phrase "sort of a vacation." Do you recall that you were asked  
14 the question --

15 **A.** Yes.

16 **Q.** -- that suggested that a residential treatment center  
17 could be sort of a vacation? You recall that?

18 **A.** Yes.

19 **Q.** Okay. And I don't think you fully got a chance to respond  
20 to that. Another question intervened.

21 But could you describe to the Court the intensity of  
22 service at a typical residential treatment program? And by  
23 that I'm focusing when are the therapeutic aspects.

24 **A.** Well, there are a range of kinds of residential programs.  
25 Some of them are fairly limited to immersion in a community

## PLAKUN - REDIRECT / KRAVITZ

1 experience and perhaps to some work responsibilities. These  
2 are often for people with chronic and severe mental illness.

3 On the other end are the programs that are more similar to  
4 the program I work at at Austen Riggs, which are very treatment  
5 intensive, where in addition to individual intensive  
6 psychotherapy multiple times a week, there are quite a range of  
7 group offerings, large and small group offerings, plus  
8 immersion in the therapeutic community, plus family therapy,  
9 plus substance abuse treatment where it's indicated; and, I  
10 mean, quite a rich and robust schedule of activities that many  
11 people, as they engage in working on underlying issues, like  
12 those related to trauma or recurrent problems, really are  
13 opening up rather devastating experiences.

14 And, you know, that's the reason why they also include  
15 24-hour access to doctors on call, 24-hour access to nursing  
16 care. It's -- it's not vacation-like at all. It's quite an  
17 intense immersion experience for the most part.

18 Q. Let's turn to Exhibit 653, which is the LOCUS.

19 A. (Witness examines document.)

20 Q. And do you recall you were asked some questions last  
21 Wednesday about this exhibit?

22 A. Yes.

23 Q. And if you could turn to page 653-0007, please.

24 A. (Witness examines document.) Yes.

25 Q. Okay. And I've highlighted the provision that was pointed

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1 out by UBH's counsel on this page. Do you see that?

2 **A.** Yes.

3 **Q.** Okay. And it says (reading):

4 "Since LOCUS is designed as a dynamic instrument,  
5 scores should be expected to change over time. Scores are  
6 generally assigned on a here-and-now basis representing  
7 the clinical picture at the time of evaluation and some of  
8 the parameters historical information is taken into  
9 account, but it should not be considered unless it is a  
10 clear part of the defined criteria."

11 Do you see that?

12 **A.** Yes.

13 **Q.** Okay. If you could turn, please, to page 8. And do you  
14 see that this is the first dimension of LOCUS, risk of harm?

15 **A.** Yes.

16 **Q.** And is risk of harm the dimension that focuses on the  
17 immediate risk?

18 **A.** Yes.

19 **Q.** And if you could go down to Number 3, and this is under  
20 the heading "Moderate Risk of Harm," and please read the  
21 provision that is in blue.

22 **A.** Yes. (reading)

23 "So one would get Number 3, Moderate Risk of Harm,  
24 score if one had a history of chronic, impulsive,  
25 suicidal, or homicidal behavior or threats but current

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1 expressions do not represent significant change from the  
2 usual behavior."

3 **Q.** And if we could turn now to page 9, please, and by that I  
4 mean Trial Exhibit 653-0009.

5 Thank you.

6 And in particular we're still in the "Risk of Harm"  
7 section under the heading "For Serious Risk of Harm." Could  
8 you read the provision in B, which is also highlighted in blue?  
9 And you can read the whole line there.

10 **A.** Yes. (reading)

11 "So one qualifies for a LOCUS score of 4 on this  
12 dimension if one has a history of chronic, impulsive,  
13 suicidal, or homicidal behavior or threats with current  
14 expressions or behavior representing a significant  
15 elevation from usual behavior."

16 **Q.** And before we turn to the next thing, do you recall that  
17 you were asked some questions also about the subject of  
18 clinical judgment and the LOCUS?

19 **A.** Yes.

20 **Q.** And you recall, I think, that UBH's counsel asked you sort  
21 of generally about the role of clinical judgment in placement  
22 of a patient at the appropriate level of care and also that  
23 same question with respect to the LOCUS.

24 And here's my question: Does the treating physician's  
25 exercising clinical judgment excuse that doctor from

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1 considering the factors or dimensions required for patient  
2 placement under generally accepted standards of care?

3 **A.** No.

4 **Q.** All right. Let's turn now to page 653-009 and then the  
5 second dimension, which is "Functional Status."

6 **A.** (Witness examines document.)

7 **Q.** And the provisions that are in yellow are the provisions  
8 that were pointed out by UBH's counsel on Wednesday. So take a  
9 look at those and see if you recall being asked about that.

10 **A.** (Witness examines document.) Yes.

11 **Q.** Okay. And then would you read the portion in blue that  
12 was not referred to last Wednesday?

13 **A.** Sure. (reading)

14 "This ability" -- and it's referring to the capacity  
15 to fulfill social responsibilities, interpersonal  
16 functioning, self-care -- "This ability should be compared  
17 against an ideal level of functioning given an  
18 individual's limitations or may be compared to a baseline  
19 functional level as determined for an adequate period of  
20 time prior to onset of this episode of illness. Persons  
21 with ongoing, long-standing deficits who do not experience  
22 any acute changes in their status are the only exception  
23 to this rule and are given a rating of 3. If such  
24 deficits are severe enough that they place the client at  
25 risk of harm, they will be considered when rating

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1 Dimension 1 in accord with the criteria elaborated there."

2 Q. Okay. Turn, please, to Dimension 3, which is entitled  
3 "Medical, Addictive, and Psychiatric Comorbidity."

4 A. (Witness examines document.)

5 Q. Do you have that in front of you? I think that's on  
6 page 653-0011.

7 A. Yes.

8 Q. Okay. And, again, the yellow is the part that was pointed  
9 out on Wednesday, which says that (reading):

10 "Unless otherwise indicated, historical existence of  
11 potentially interacting disorders should not be considered  
12 in this parameter unless current circumstances would make  
13 reactivation of those disorders likely. For patients who  
14 present with substance use disorders, physiological  
15 withdrawal state should be considered to be medical  
16 comorbidity for scoring purposes."

17 And could you read the portion in blue that immediately  
18 precedes that that we didn't hear on Wednesday?

19 A. Yes. So this is addressing medical, addictive, and  
20 psychiatric comorbidity (reading):

21 "This dimension measures potential complications in  
22 the course of illness related to coexisting medical  
23 illness, substance use disorder, or psychiatric disorder,  
24 in addition to the condition first identified or most  
25 readily apparent. (Here referred to as the presenting

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1 disorder.) Coexisting disorders may prolong the course of  
2 illness in some cases or may necessitate availability of  
3 more intensive or more closely monitored services in other  
4 cases."

5 Q. Okay. And if you could turn, please, to Dimension 5, and  
6 that is on page 653-0016.

7 A. Yes.

8 Q. Do you have that in front of you?

9 A. Yes.

10 Q. And Number 5 is -- what dimension is that? What is  
11 Dimension 5?

12 A. It assesses the response to treatment in the past, how  
13 well someone has responded to treatments that have been  
14 attempted.

15 Q. Okay. And, again, we've highlighted the part in yellow  
16 that was identified on Wednesday under this dimension, and  
17 could you read the part in blue?

18 A. Yes. (reading)

19 "While it is important to recognize that some clients  
20 will respond well to some treatment situations and poorly  
21 to others and that this may in some cases be unrelated to  
22 level of intensity but, rather, to the characteristics and  
23 attractiveness of the treatment provided, the usefulness  
24 of past experience as one predictor of future response to  
25 treatment must be taken into account in determining



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1 service needs."

2 **Q.** Thank you.

3 In your opinion do the excerpts of the LOCUS identified by  
4 UBH present a full portrait of the instrument?

5 **A.** No, not at all.

6 **Q.** Okay. And to get an accurate portrait, do you need to  
7 read, for example, other passages, such as the ones that have  
8 been highlighted in blue today?

9 **A.** Yes.

10 **Q.** And just one more quick thing. On the subject of  
11 improvement, you were asked some questions about 1.8.2. Do you  
12 recall that?

13 **A.** Yes.

14 **Q.** Okay. And you fully took into account 1.8.2 in developing  
15 your opinions?

16 **A.** Oh, yes.

17 **Q.** Okay. And did anything that you were shown today change  
18 your view that 1.8 and its subparts refer to improvement in the  
19 acute changes in symptoms?

20 **A.** It did not change my conclusions.

21 **MR. KRAVITZ:** Okay. Thank you. That's all.

22 **THE COURT:** Okay. Anything further?

23 **MR. RUTHERFORD:** Nothing further, Your Honor. Thank  
24 you.

25 **THE COURT:** Thank you, sir. You can step down.

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(Witness excused.)

**THE COURT:** Okay. What's next?

**MR. RUTHERFORD:** Let me just check to see if I left my pen, Your Honor.

**THE COURT:** Yes, please.

**MR. KRAVITZ:** I stole it.

(Laughter)

**MR. ABELSON:** The plaintiffs call Josephine Duh. While she's coming in, a quick sealing matter.

**THE COURT:** Yes.

**MR. ABELSON:** So the parties moved to seal a number of denial letter exhibits.

**THE COURT:** Yeah.

**MR. ABELSON:** In connection with preparing the summary exhibit, some additional exhibits that are essentially replacement exhibits have been prepared with new exhibit numbers. The parties agree that those new exhibit numbers should be sealed for the same reasons set forth in the original joint motion. I can either list those exhibit numbers now or --

**THE COURT:** List those, please, because the motion is granted, but I want the minutes to reflect what was sealed. Go ahead.

**MR. ABELSON:** Okay. All right. Thanks.

So those exhibits, the new exhibits, that are subject to

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1 the joint motion to seal are 2001, 2004, 2005, 2013, 2018,  
2 2019, 2030 --

3 **THE CLERK:** What is it again?

4 **MR. ABELSON:** -- 2030, 2034, 2035, 2036, 2037, 2038,  
5 and 2039. Those are 13 additional documents.

6 **THE COURT:** And those we're going to all agree to  
7 seal; right?

8 **MR. HOLMER:** No objection, Your Honor.

9 **THE COURT:** Go ahead.

10 **MR. ABELSON:** We call Ms. Duh.

11 **THE CLERK:** Ms. Duh, before you have a seat, could you  
12 please raise your right hand.

13 **JOSEPHINE DUH,**  
14 called as a witness for the Plaintiffs, having been duly sworn,  
15 testified as follows:

16 **THE WITNESS:** I do.

17 **THE CLERK:** Okay. Thank you.

18 Make sure you have a seat. Make sure you pull the  
19 microphone close to you for our court reporter. Water there if  
20 you should need it. Okay?

21 Could you please state your full name for the record and  
22 spell your last name.

23 **THE WITNESS:** Sure. My name is Josephine Duh. My  
24 name is spelled J-O-S-E-P-H-I-N-E, D-U-H.

25 **THE CLERK:** Thank you.

## DUH - DIRECT / ABELSON

1           **THE WITNESS:** Thank you.

2                           **DIRECT EXAMINATION**

3       **BY MR. ABELSON:**

4       **Q.** Good morning, Ms. Duh.

5           Were you asked to testify as an expert in this case?

6       **A.** No, I was not.

7       **Q.** What were you asked to do?

8       **A.** I was asked to serve as a summary witness.

9       **Q.** And by "serve as a summary witness," what do you mean?

10      **A.** Essentially I provide factual information, in this case  
11      related to the plan descriptions and denial letters or case  
12      notes.

13      **Q.** So those are the two categories of documents that you were  
14      asked to summarize?

15      **A.** Yes.

16      **Q.** And you summarized those in some charts that you'll be  
17      going through today?

18      **A.** Yes.

19      **Q.** Who did those -- whose plans and whose denial letters do  
20      you understand that those pertain to?

21      **A.** I understand that those plans and denial letters come from  
22      the named -- the 10 named plaintiffs and a selection of class  
23      members, and that selection was provided to me from counsel.

24      **Q.** Were you given the names of those individuals?

25      **A.** No.

1 Q. So just identification numbers?

2 A. Yes, that's correct.

3 Q. So we'll get to those charts that you prepared in a moment  
4 but, first, what's your educational background?

5 A. I received my undergraduate degree from M.I.T., and I have  
6 a Ph.D. in economics from Princeton.

7 Q. Where are you employed?

8 A. I currently work at the Brattle Group.

9 Q. What's the Brattle Group?

10 A. The Brattle Group is an economic consulting firm.

11 Q. How long have you been employed at the Brattle Group?

12 A. A little over -- I've been employed at Brattle a little  
13 over three years.

14 Q. And is attention to detail an important part of your work  
15 at the Brattle Group?

16 A. Yes.

17 Q. Let's turn, first, to your review of the health benefit  
18 plan documents that you were given. If you could turn to Trial  
19 Exhibit 892, which you had labeled at summary Exhibit A.

20 A. (Witness examines document.)

21 Q. Have you got it?

22 A. Yes. Thanks.

23 Q. So what is Trial Exhibit 892?

24 A. So 892 summarizes excerpts of key phrases from three  
25 sections of the plan descriptions.

1 Q. What are the key phrases that you were asked to include?

2 A. A list of the key phrases can be found in the note  
3 sections to this exhibit, and in particular it's the second  
4 note.

5 Q. So this is trial exhibit, page 892 -- sorry -- Trial  
6 Exhibit 892, page 21; right?

7 A. Yes.

8 Q. That's Note Number 2 and the list of key phrases that  
9 you're referring to is the list in Note 2 there?

10 A. Yes.

11 Q. Okay. So you were given a list of key phrases, and what  
12 were you asked to do with respect to those key phrases?

13 A. I was asked to identify these excerpts in three sections  
14 of the plan descriptions. The three sections are -- actually,  
15 if we flip to 892, page 2, and you see the three sections are  
16 the three columns to the right. So there's definitions of  
17 covered health services, definitions of medically necessary,  
18 and the exclusion section related to mental health and  
19 substance use disorders.

20 Q. I think you said this but just to be clear, how did you  
21 decide what excerpts in those three areas to include on the  
22 chart?

23 A. I looked for the key phrases from -- as we had seen before  
24 and pulled those out.

25 Q. Okay. And is there -- are there any other provisions,

1 other than the ones that contain those key phrases, that you  
2 were asked to include on the chart?

3 **A.** Yes. So this chart also includes cross-references between  
4 the three sections, and there are a couple instances in which  
5 neither the key phrase nor the cross-reference was included.  
6 However, there was some description and we included it just to  
7 avoid a misleading impression that nothing was written there.

8 **Q.** So let's look at the first line in summary Exhibit A,  
9 first one to Trial Exhibit 225. Do you see that?

10 So I'll direct your attention to the fourth column under  
11 "Definitions for Covered Health Services." And so is the last  
12 bullet point in that box an example of the cross-references  
13 that you referred to?

14 **A.** Yes.

15 **Q.** So it's a cross-reference from the covered health services  
16 to the excluded-in section?

17 **A.** Yes.

18 **Q.** And, likewise, if you go to the --

19 **THE COURT:** Show me. Where is it?

20 **MR. ABELSON:** I'm sorry. The column entitled  
21 "Definitions for Covered Health Services" corresponding to  
22 Trial Exhibit 25, which corresponds to plaintiff Alexander's  
23 plan.

24 **THE COURT:** Yes.

25 **MR. ABELSON:** So in that box it says "Defines covered

1 health services as, among other things, services that are," and  
2 then there are two bullet points.

3 **THE COURT:** The second bullet point?

4 **MR. ABELSON:** So the second bullet is the one.

5 **THE COURT:** Okay.

6 **BY MR. ABELSON:**

7 **Q.** And then directing your attention similarly to the  
8 exclusions column for that plan, do you see the last three  
9 lines in that box? Is that another example of one of these  
10 cross-references that you referred to?

11 **A.** Yes. That's an example of a cross-reference from the  
12 exclusion section to the covered health service.

13 **Q.** Okay. And were you asked to make any judgment as to  
14 whether the list of key phrases you were given were analogous  
15 or synonymous with each other?

16 **A.** No.

17 **Q.** Were you asked to decide how those terms relate to other  
18 provisions in the plans?

19 **A.** No.

20 **Q.** And what -- okay.

21 Let's just, as an example, walk through the plan that  
22 corresponds to that first entry. So if you could -- well,  
23 before we turn to Exhibit 225, could you explain to the Court  
24 what the numbers in the parentheses in the -- I'll call them  
25 the substantive columns on the chart are?



1 A. The numbers correspond to paginations related to the  
2 exhibit. So, for example, page 91 of Exhibit 225.

3 Q. Okay. So if we go to -- if we look on the chart, if we go  
4 to Trial Exhibit 225, page 90, that's where you'd find that  
5 language?

6 A. Yes, for the covered health services.

7 Q. So if we could go to page 225 -- Exhibit 225, page 90.

8 A. (Witness examines document.)

9 Q. And so this is the defined terms section of this plan; is  
10 that right?

11 A. Yes.

12 Q. And so the definition that you're referring to in the  
13 chart refers to this definition of covered health services at  
14 the bottom?

15 A. Yes.

16 Q. And it continues on the next page, Trial Exhibit 225,  
17 page 91; is that right?

18 A. Yes, it continues onto the next page.

19 Q. Now, on Trial Exhibit 892 for that entry, you also, then,  
20 for the exclusions section refer to page 107 and 108 of Trial  
21 Exhibit 225?

22 A. Yes.

23 Q. So let's go to Exhibit 225, page 107.

24 A. (Witness examines document.)

25 Q. And if we go back one page to 106.

1     **A.**     (Witness examines document.)

2     **Q.**     So what is this section that you pulled language from?

3     **A.**     So this is a section discussing exclusions for mental  
4     health services.

5             **MR. ABELSON:** Your Honor, I move Exhibit 892 into  
6     evidence.

7             **MS. ROSS:** No objection.

8             **THE COURT:** It's admitted.

9             (Trial Exhibit 892 received in evidence)

10            **MR. ABELSON:** We'll also move into evidence the  
11     plaintiffs' plans that are identified in the chart, which are  
12     Exhibits 225, 227, 231, 233, 235, 237, 239, 241, 243, and 245.

13            **MS. ROSS:** No objection.

14            **THE COURT:** It's admitted.

15            (Trial Exhibits 225, 227, 231, 233, 235, 237, 239,  
16     241, 243, and 245 received in evidence)

17            **MR. ABELSON:** And we'll also move into evidence the  
18     plans for the claims sample members, which perhaps the easiest  
19     way to identify these in the records are the rest of the trial  
20     exhibit numbers identified in the leftmost column on Trial  
21     Exhibit 892.

22            **MS. ROSS:** No objection.

23            **THE COURT:** Admitted.

24            (Trial Exhibits 1535, 1538 through 1542, 1544, 1546  
25     through 1551, 1554, 1556 through 1561, 1563, 1566,

1 1567, 1570 through 1572, 1578, 1580 through 1589,  
2 1592 through 1594, 1596 through 1606, 1608, 1611,  
3 1614, 1616, 1617, 1619, 1622 through 1625, 1628  
4 through 1631, 1633 through 1637, 1639, 1641 through  
5 1644, 1647, 1649 through 1651, 2000, 2002, 2003,  
6 2006, 2007, 2009 through 2011, 2014, 2016, 2017, 220  
7 through 2029, 2031 and 2032 received in evidence)

8 **BY MR. ABELSON:**

9 **Q.** Ms. Duh, if you could turn to the next exhibit, which is  
10 Exhibit 893.

11 **A.** (Witness examines document.)

12 **Q.** What is Exhibit 893?

13 **A.** So Exhibit 893 sorts the plans from Exhibit A into four  
14 groups.

15 **Q.** And would you just summarize what those four groups are?

16 **A.** So the four groups, the first one is that the key phrase  
17 appeared in either the definition of covered health services  
18 column from Exhibit A or in the definitions of medically  
19 necessary column. It did not appear in the exclusions column.

20 In Group B the key phrase appeared in the exclusions  
21 column but not in the covered health services definitions nor  
22 the medically necessary definitions.

23 In the third group, this is where the key phrase appeared  
24 in both, exclusions and either the medically necessary or  
25 covered health services.

1 And in the fourth group, there were three plans in which  
2 the plan referred to medically necessary, but medically  
3 necessary was not defined within that plan.

4 **Q.** And these three -- these four categories were simply the  
5 categories that counsel asked you to put the -- to categorize  
6 the plans into?

7 **A.** Yes.

8 **MR. ABELSON:** Your Honor, we move Trial Exhibit 893  
9 into evidence.

10 **MS. ROSS:** No objection.

11 **THE COURT:** It's admitted.

12 (Trial Exhibit 893 received in evidence)

13 **BY MR. ABELSON:**

14 **Q.** Could you turn to the next exhibit, which is Trial  
15 Exhibit 894?

16 **A.** (Witness examines document.)

17 **Q.** What is Trial Exhibit 894?

18 **A.** So 894 summarizes excerpts from denial letters or case  
19 notes with key phrases that are listed in the note section,  
20 which is 894, page 18. It's Note 1.

21 **Q.** Again, those were the phrases that counsel identified for  
22 you?

23 **A.** Yes.

24 **Q.** Okay. Can you explain why there is a column for case  
25 notes and not just a column for denial letters?

1   **A.**   There are some occasions in which we did not have a denial  
2   letter for the denial of that given date.

3   **Q.**   Were there -- so I direct your attention to Trial  
4   Exhibit 894, page 3, the second row corresponding to Trial  
5   Exhibit 1290. Do you see that?

6   **A.**   Yes.

7   **Q.**   Is that an example of what you were just saying where  
8   there was no letter provided?

9   **A.**   That's correct, there wasn't a denial letter. There is  
10   case notes.

11           **MR. ABELSON:** Your Honor, one moment.

12                   (Pause in proceedings.)

13   **BY MR. ABELSON:**

14   **Q.**   If you would turn to Exhibit 1290.

15   **A.**   (Witness examines document.)

16   **Q.**   So just to explain, this is an excerpt from case notes and  
17   this is the portion of the case notes that you used to include  
18   on the chart?

19   **A.**   Yes, that's correct.

20   **Q.**   Okay. Were there any instances in which you included  
21   portions of the case notes other than an excerpt of a letter,  
22   like in the example of 1290?

23   **A.**   There are instances where I pulled an excerpt from the  
24   case notes. It might be something like decision and rationale.

25   **Q.**   And did you include any portions of the letters or the

1 case notes related to the named plaintiffs or claim sample  
2 members' clinical presentations or just references to the key  
3 phrases that you were asked to identify?

4 **A.** Just I identified references to the key phrases.

5 **Q.** Both columns -- both Exhibit 892 and 894 there's a column  
6 for unique ID; right?

7 **A.** Yes.

8 **Q.** And that corresponds to the ID for each claim sample  
9 member in addition to the named plaintiffs as you explained  
10 before?

11 **A.** Yes.

12 **Q.** And so if you were to look for unique ID on Exhibit 892,  
13 that would be the plan that corresponds to the denial letter  
14 for that unique ID on Trial Exhibit 894; right?

15 **A.** Yes.

16 **MR. ABELSON:** Your Honor, we move Trial Exhibit 894  
17 into evidence.

18 **MS. ROSS:** No objection.

19 **THE COURT:** Okay. It's admitted.

20 (Trial Exhibit 894 received in evidence)

21 **MR. ABELSON:** Your Honor, we also move the trial  
22 exhibits on which Exhibit 894 is based into evidence. These  
23 are the denial letter exhibits corresponding to the named  
24 plaintiffs and the claim sample members, and these are -- the  
25 trial exhibit numbers are the ones identified in the leftmost

1 column on Trial Exhibit 894.

2 **MS. ROSS:** No objection.

3 **THE COURT:** They're admitted.

4 (Trial Exhibits 226, 229, 232, 234, 236, 238, 240,  
5 242, 244, 246, 1286 through 1289, 2033, 1290 through  
6 1292, 1294 through 1300, 1302, 1303, 2019, 1304,  
7 1305, 1307 through 1309, 1311 through 1320, 1322,  
8 1325 through 1331, 1333 through 1338, 1340 through  
9 1350, 2034, 1352, 1353, 1355 through 1358, 1360,  
10 1361, 1364 through 1373, 2018, 1375 through 1381,  
11 1383 through 1392, 2001, 2004, 2005, 2013, 2030, and  
12 2035 through 2039 received in evidence)

13 **BY MR. ABELSON:**

14 **Q.** Finally, Ms. Duh, I ask you to turn to Trial Exhibit 895.

15 **A.** (Witness examines document.)

16 **Q.** What is Trial Exhibit 895?

17 **A.** Exhibit 895 identifies excerpts from the appeal denial  
18 letters for the named plaintiffs.

19 **Q.** Was there an appeal denial letter that you provided for  
20 all of the named plaintiffs?

21 **A.** No. There -- as noted actually in the notes on page --  
22 Exhibit 895, page 4, I did not have a denial letter from  
23 Ms. Klein.

24 **Q.** And in each of the -- as to each of the individuals listed  
25 on Exhibits 894 and 895, was there a reference to one or more

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1 of the key phrases that you were asked to identify?

2 **A.** Yes, the key phrases did appear.

3 **MR. ABELSON:** Nothing further, Your Honor.

4 **THE COURT:** Cross-examination.

5 **MR. ABELSON:** Oh, I'm sorry. I move that last  
6 Exhibit 895 into evidence.

7 **MS. ROSS:** No objection.

8 **THE COURT:** Okay. It's admitted.

9 (Trial Exhibit 895 received in evidence)

10 **MS. ROSS:** Your Honor, may I approach and give the  
11 witness a binder?

12 **THE COURT:** After you give the law clerk a binder.

13 (Pause in proceedings.)

14  
15 ///

16 **CROSS-EXAMINATION**

17 **BY MS. ROSS:**

18 **Q.** Good morning, Ms. Duh.

19 **A.** Good morning.

20 **Q.** You testified on direct with respect to your chart number  
21 Trial Exhibit 892.

22 Can we bring that up? If we can turn to page 21 of  
23 Exhibit 892, and specifically looking at Note 2 on this page.

24 You testified that you were given a list of key phrases;  
25 is that right?



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1 A. Yes.

2 Q. Who gave you that list?

3 A. Counsel provided the list to me.

4 Q. And you didn't exercise any judgment about the meaning of  
5 those phrases or their relevance to this case; is that right?

6 A. I did not.

7 Q. And your summary Exhibit A, which is Trial Exhibit 892,  
8 that omits other provisions of the plans; right?

9 A. I focused on these key phrases listed here.

10 Q. So except where those key phrases appear, you've omitted  
11 other portions of the plans?

12 A. And cross-references and other cases where either the  
13 cross-reference or the key phrase didn't appear, and we just  
14 included what the definition was to avoid making it seem like  
15 there was nothing there.

16 Q. So, for example, if there were other exclusions or  
17 limitations listed in the plan, you did not include those  
18 unless they included one of the key phrases or the  
19 cross-reference that you've described?

20 A. I was not asked to do so.

21 Q. Okay. And you testified that you're not an expert; is  
22 that right?

23 A. I am not an expert.

24 Q. So you're not offering an opinion that these plans cover  
25 all treatment that's consistent with generally accepted

standards of care; is that right?

**A.** I am not opining on that.

**Q.** And you're not offering an opinion that the provisions in your Trial Exhibit 892 are the only provisions that define the scope of coverage with respect to mental health and substance use disorder services in these plans; is that right?

**A.** I am not providing such an opinion.

**Q.** Only that these particular words in your summary exhibit appear on the cited pages; right?

**A.** That's correct.

**Q.** Let's look at your summary Exhibit C, which is Trial Exhibit 894.

**A.** (Witness examines document.)

**Q.** And this is your summary relating to the denial letters for the named plaintiffs and the sample members; is that right?

**A.** Yes, that's correct.

**Q.** And let's turn to page 0003 of Exhibit 894, and there's an entry for Trial Exhibit Number 1291. Do you see that?

**A.** Yes.

**Q.** And there in the box under "Denial Letter" you've included in quotes (reading):

"Coverage is not available under your benefit plan for the following reasons..." There's a colon and then an ellipsis.

"The rationale for this determination is based on,"

1 another ellipsis, "review of the UBH Coverage  
2 Determination Guidelines for residential rehabilitation  
3 for substance use disorders," and then another ellipsis.  
4 Do you see that?

5 **A.** Yes.

6 **Q.** And those ellipses indicate that you've omitted other  
7 language from the letter; is that right?

8 **A.** Yes.

9 **Q.** If we can take a look at Exhibit 1291, which is in the  
10 binder I just handed you, and specifically at page 0001 of  
11 Exhibit 1291.

12 **A.** (Witness examines document.)

13 **Q.** And is this the denial letter that you are capturing in  
14 your summary Exhibit 894 for the entry for Trial Exhibit 1291?

15 **A.** Yes, this is the denial letter.

16 **Q.** Okay. And if we can look, then, at the fourth paragraph  
17 of that letter, and we see the language that starts in the  
18 second sentence. It says (reading):

19 "The rationale for this determination is based on a  
20 review of the behavioral health services that the member  
21 is receiving and progress made, review of the Certificate  
22 of Coverage, review of the UBH Coverage Determination  
23 Guideline for residential rehabilitation for substance use  
24 disorders, and a life conversation with a treating  
25 provider designee."

## DUH - CROSS / ROSS

1 Do you see that?

2 A. Yes.

3 Q. So you've omitted from your summary exhibit the part that  
4 refers to the determination being based on the behavioral  
5 health services received and the progress made; is that right?

6 A. Yes. I was asked to focus on the key phrase.

7 Q. Okay. And you've also omitted the part that says that the  
8 coverage determination is based on a review of the member's  
9 Certificate of Coverage; right?

10 A. Yes.

11 Q. You've also omitted the part that says that the coverage  
12 determination was based on a live telephone interview with the  
13 doctor's designee; right?

14 A. Yes.

15 Q. And you've also omitted the sentence at the end of the  
16 paragraph that reads, "Partial hospitalization is the  
17 alternative treatment offered"; right?

18 A. Yes.

19 Q. Let's look back at Trial Exhibit 894. Turning to page 4,  
20 there's an entry for Trial Exhibit 1299.

21 A. (Witness examines document.)

22 Q. And, again, here in the denial letter column you have an  
23 entry that reads (reading):

24 "Coverage is not available under your benefit plan  
25 for the following reasons..." There's an ellipsis.

## DUH - CROSS / ROSS

1 "The rationale for my decision to issue a noncoverage  
2 determination is based on," ellipsis, "review of UBH  
3 Coverage Determination Guidelines for residential  
4 rehabilitation for substance use disorders."

5 Do you see that?

6 **A.** Yes.

7 **Q.** And then there's a citation to Exhibit 1299, at pages 1  
8 and 2; right?

9 **A.** Yes.

10 **Q.** Let's look at Exhibit 1299, at page 0002.

11 And, again, that ellipses indicates that you've omitted  
12 other language from the letter; right?

13 **A.** Yes.

14 **Q.** So if we look at Exhibit 1299, beginning at the bottom of  
15 page 1, and continuing on to page 2, it reads (reading):

16 "The rationale for my decision to issue a noncoverage  
17 determination is based on a review of the behavioral  
18 health services that you are receiving; a review of the  
19 specific plan description for Delta Airlines Company;  
20 review of UBH Coverage Determination Guidelines for  
21 residential rehabilitation for substance use disorders,  
22 and a live telephone interview with the doctor,  
23 Dr. Schmidt."

24 Do you see that?

25 **A.** Yes.

1 Q. And, again, in your summary exhibit, Exhibit 894, you've  
2 omitted the part of the letter that says the determination is  
3 based on a review of the behavioral health services that the  
4 member is receiving and the progress made; right?

5 A. Yes.

6 Q. And you're also admitted the part that says that the  
7 coverage determination is based on a review of the member's  
8 certificate of coverage or plan document?

9 A. Yes.

10 Q. And you've omitted the part that says the coverage  
11 determination was based on a live phone interview with the  
12 doctor's designee; right?

13 A. Yes.

14 Q. You've also omitted -- sorry.

15 And, in fact, let's go back to your summary Exhibit C,  
16 which is Exhibit 894.

17 And it's true, is it not, that most of the exhibits on  
18 this chart have ellipses indicating that you've omitted  
19 information from the letters about the other bases for the  
20 coverage decisions; right?

21 A. Yes. I was asked to focus on the key phrases.

22 Q. Okay. Let's look at your Trial Exhibit 895, which I  
23 believe you testified is a summary of the appeal denial letters  
24 for the named plaintiffs in this case. Is that right?

25 A. Yes.

## DUH - CROSS / ROSS

1 Q. And, again, this chart also includes ellipses throughout,  
2 indicating that language in the letters has been omitted; is  
3 that right?

4 A. That's correct. This exhibit also focuses on the key  
5 phrases.

6 Q. So, for example, let's look at the entry for Trial Exhibit  
7 234, which appears at the bottom of page 1 of Exhibit 895. And  
8 here your summary reads (reading):

9 "I have completed an appeal review, ellipses.  
10 Benefit coverage is not available for the following  
11 reasons, ellipses. Based on, ellipses, UBH Coverage  
12 Determination Guidelines covering personality disorders,  
13 outpatient treatment of obsessive compulsive disorder, and  
14 outpatient treatment of bipolar disorder. It is my  
15 determination to uphold the previous noncoverage  
16 determination."

17 And then there's a citation to Exhibit 234, at page 0013.  
18 Do you see that?

19 A. Yes.

20 Q. So let's look at page 2 -- Exhibit 234, page 13.

21 Looking specifically at the sixth paragraph, the one that  
22 begins "Based on." And, in fact, the exhibit actually reads  
23 (reading):

24 "Based on the available clinical information the  
25 member's Certificate of Coverage for SSAI and UBH Coverage

## PROCEEDINGS

1 Determination Guidelines covering personality disorders,  
2 outpatient treatment, and obsessive compulsive disorder,  
3 and outpatient treatment of bipolar disorder, it is my  
4 decision to uphold the previous noncoverage  
5 determination."

6 So, again, you have omitted that the decision is based on  
7 clinical information; is that right?

8 **A.** Yes.

9 **Q.** And you've omitted that the decision was based on the  
10 Certificate of Coverage; right?

11 **A.** Yes.

12 **Q.** And your Exhibit 895 is limited to the named plaintiffs in  
13 this case; is that right?

14 **A.** That's correct.

15 **Q.** So it does not include any information about whether any  
16 of the sample members in the case, beyond the named plaintiffs,  
17 appealed their noncoverage decisions or whether those appeals  
18 upheld the original decision; is that correct?

19 **A.** That's correct. Exhibit D just focuses on the named  
20 plaintiffs.

21 **MS. ROSS:** No further questions.

22 **MR. ABELSON:** Nothing further.

23 **THE COURT:** Thank you.

24 (Witness excused.)

25 **THE COURT:** Next.



1           **MR. KRAVITZ:** Your Honor, it's going to take me one  
2 second to switch binders.

3           **THE COURT:** Okay.

4           **MR. KRAVITZ:** Our next witness is going to be  
5 Dr. Lorenzo Triana. T-r-i-a-n-a.

6           **MR. RUTHERFORD:** Your Honor, for this witness, there  
7 are a few sealing issues that we'd like to address.

8           **THE COURT:** Okay. Let's address them.

9           **MR. HOLMER:** Andrew Holmer. H-o-l-m-e-r.

10          **THE COURT:** Okay. What's up?

11          **MR. HOLMER:** Your Honor, it's our understanding that  
12 on Dr. Triana's examination the plaintiffs intend to use a  
13 number of exhibits for which UBH has moved to seal, and one  
14 that was part of the -- or subject to the Court's previous  
15 order on the parties joint motion to seal.

16          So our understanding is that 539, Exhibit 539 has already  
17 been sealed by the Court. We wanted to bring that to your  
18 attention.

19          **THE COURT:** Okay.

20          **MR. HOLMER:** And Exhibits 439, 755, 798, and 850 are  
21 subject to pending motions to seal.

22          **THE COURT:** Okay.

23          Talk about them. Are you going to use them?

24          **MS. REYNOLDS:** Those are the -- those are the exhibits  
25 we anticipate using that are subject to the motion to seal.

1           **THE COURT:** Okay. And why do you want to seal them?

2           **MR. HOLMER:** Sure, Your Honor.

3           So Exhibit 439 is a subject, we believe, to be  
4 attorney-client privilege. This is an email chain between a  
5 number of folks at UBH, including Dr. Triana and Adam  
6 Easterday, who is in-house counsel for United, discussing -- so  
7 we submitted -- I believe Your Honor has redacted versions. We  
8 redacted portions we believe are subject to the privilege  
9 because Mr. Easterday is either being asked for or providing  
10 legal advice about UBH's obligations under the parity law  
11 regarding a potential change to the guidelines.

12          And exhibit --

13           **MS. REYNOLDS:** The --

14           **MR. HOLMER:** I apologize, Your Honor.

15           **MS. REYNOLDS:** There are portions that we don't have a  
16 strong objection to on the grounds of privilege. But the  
17 redactions are -- include portions that we don't think are  
18 privileged, including --

19           **THE COURT:** Do you care?

20           **MS. REYNOLDS:** No.

21           **THE COURT:** Okay. That's granted.

22           **MR. HOLMER:** All right, your Honor. Switch binders.

23           **THE COURT:** 439 portions are sealed.

24           **THE CLERK:** 439?

25           **THE COURT:** Portions.

1           **THE CLERK:** Portions are sealed?

2           **THE COURT:** Yes.

3           **MS. REYNOLDS:** Yes.

4           **MR. HOLMER:** The next exhibit, Your Honor, is Exhibit  
5 755. And this -- this Exhibit has one very short redaction.  
6 It's an email chain. There's -- there's one particular  
7 sentence, at the top of page 2, that we've sought to redact,  
8 also based on the attorney-client privilege, where a member of  
9 UBH's staff, I believe it's Dr. Triana, is conveying advice  
10 that he received from the legal department regarding particular  
11 limitations and UBH's Certificates of Coverage.

12           **MS. REYNOLDS:** No objection to the redaction, Your  
13 Honor.

14           **THE COURT:** All right. Granted portion of 755 to  
15 seal.

16           **MR. HOLMER:** Exhibit 798, Your Honor, is a  
17 presentation. Again, this is one that's redacted, not being  
18 sought to be sealed in whole.

19           But this is a 2016 presentation given to UBH's, sort of,  
20 higher-level management regarding business strategy for the  
21 coming year. Particularly there are a number of portions that  
22 cite or provide information about the company's  
23 per-member-per-month rates which are the prices that the  
24 company charges its customers, employers, to manage their  
25 health benefit plans.

## PROCEEDINGS

1       That's information -- we submitted a few declarations on  
2       this point -- but information that is widely regarded in the  
3       insurance industry to be highly sensitive.

4       It's some of the most closely protected information in the  
5       insurance business because that is the information that they  
6       use in negotiations both with customers and with providers when  
7       they're building out their network. And it's information that  
8       is current and could easily be used to undercut UBH in  
9       competitive negotiations.

10       **MS. REYNOLDS:** No objection, Your Honor.

11       **THE COURT:** All right. So there will be portions of  
12       798 that are redacted.

13       **MR. HOLMER:** Thank you, Your Honor.

14       And Exhibit 850, I believe, is the last one. This,  
15       Your Honor, is an Employee Performance Evaluation. Again, we  
16       haven't sought to seal the entire document. We only sought to  
17       seal the name of the employee.

18       **THE COURT:** Any objection?

19       **MS. REYNOLDS:** No.

20       **THE COURT:** Name is sealed.

21       **MS. REYNOLDS:** Thank you, Your Honor.

22       **MR. HOLMER:** Thank you, Your Honor.

23       **THE CLERK:** Dr. Triana, before you are seated, would  
24       you please raise your right hand.

25       \\

**TRIANA - DIRECT / KRAVITZ**

**LORENZO TRIANA,**

called as a witness for the Plaintiffs, having been duly sworn,  
testified as follows:

**THE CLERK:** Thank you.

Have a seat. Make sure you speak clearly into the  
microphone for our court reporter.

Could you please state your full name for the record and  
spell your last name.

**THE WITNESS:** Yes. Lorenzo Triana. T-r-i-a-n-a.

**THE CLERK:** Thank you.

**DIRECT EXAMINATION**

**BY MR. KRAVITZ:**

**Q.** Good morning, Dr. Triana.

**A.** Good morning.

**Q.** Hi. My name is Carl Kravitz. I'm one of the lawyers for  
the plaintiffs in the class. And I'm going to ask you some  
questions.

And it's true that UBH designated you in this case to  
testify as a -- what the lawyers call rule 30(b)(6) witness or  
a corporate representative on certain topics?

**A.** Yes.

**Q.** And UBH also designated you as a nonretained in-house  
expert witness; is that also true?

**A.** Yes.

**Q.** You were co-chair of UBH's BPAC, which was disbanded in

## TRIANA - DIRECT / KRAVITZ

1 2016, the committee charged with the responsibility of  
2 creating, reviewing, and revising the LOCGs and CDGs; is that  
3 correct?

4 **A.** Yes.

5 **Q.** And BPAC stands for what?

6 **A.** Behavioral Policy and Analytics Committee.

7 **Q.** And in 2016, BPAC was disbanded; correct?

8 **A.** Yes.

9 **Q.** And, at that point, you became co-chair of UBH's  
10 Utilization Management Committee; is that true?

11 **A.** Yes.

12 **Q.** And the Utilization Management Committee took on the  
13 responsibility of creating, reviewing, and revising the LOCGs  
14 and CDGs that had previously been the responsibility of the  
15 BPAC?

16 **A.** Yes.

17 **Q.** Okay. And it's true that you've been working at UBH since  
18 2005 or 2006; is that right?

19 **A.** Yes.

20 **Q.** And that's when Pacific Care merged into UBH?

21 **A.** Correct.

22 **Q.** And you became the senior director of medical behavioral  
23 operations in 2016; is that right?

24 **A.** The senior vice president of Behavioral Medical  
25 Operations.

## TRIANA - DIRECT / KRAVITZ

1 Q. Thank you for that correction.

2 And you've held that position since 2010?

3 A. Yes, sir.

4 Q. And in that position, UBH regional medical directors who  
5 make and supervise clinical coverage decisions report directly  
6 to you. Is that true?

7 A. The senior medical directors and the clinical operations  
8 report directly to me.

9 Q. Right.

10 And they make and supervise clinical coverage decisions;  
11 is that correct?

12 A. Yes.

13 Q. And UBH's medical director peer reviewers report to the  
14 region medical directors; is that true?

15 A. Yes.

16 Q. And I think we already covered, those peer reviewers make  
17 clinical coverage decisions; correct?

18 A. Yes.

19 Q. Andrew Martorana, who is sitting in the courtroom, is a  
20 regional medical director; is that right?

21 A. Yes.

22 Q. And he reports to you; is that correct?

23 A. Yes, sir.

24 Q. And Danesh Alam reports to Dr. Martorana; is that correct?

25 A. I think that's changed.

## TRIANA - DIRECT / KRAVITZ

1 Q. He did report to Dr. Martorana?

2 A. He did report to Dr. Martorana.

3 Q. Okay. And you understand that both Dr. Martorana and  
4 Dr. Alam have been designated as experts in this case?

5 A. Yes.

6 Q. And just to get this on the record, you have a medical  
7 degree; correct?

8 A. Yes, sir.

9 Q. And so you're properly called "Dr."?

10 A. Yes, sir.

11 Q. And you're a psychiatrist; right?

12 A. Yes, sir.

13 Q. Now, it's true that in addition to being an in-house  
14 claims reviewer and supervisor of claims reviewers at UBH, you  
15 have a private practice as a psychiatrist?

16 A. I do.

17 Q. And you've maintained that for a number of years; correct?

18 A. Yes, sir.

19 Q. And you provide outpatient services in your private  
20 practice; is that true?

21 A. Yes, sir.

22 Q. And it's also true that you don't do much therapy; but,  
23 instead, the bulk of your practice is medication management?

24 A. Yes, sir.

25 Q. Your good estimate is that you have more than 50 private



## TRIANA - DIRECT / KRAVITZ

1 practice patients; is that correct?

2 A. Yes.

3 Q. And some of those patients you've been seeing for quite a  
4 long time; right?

5 A. Yes.

6 Q. Now, so looking at your patients, some come in, many of  
7 their problems are resolved, and they go away; right? That  
8 would describe some of your patients?

9 A. Yes.

10 Q. And some receive treatment, go away for a while and come  
11 back, often after a lengthy period of time; is that also true?

12 A. Yes.

13 Q. And whether patients come back depends, in part, on where  
14 they are in their recovery; is that right?

15 A. Yes.

16 Q. And you know from your experience that ongoing mental  
17 illnesses can persist for a long time. True?

18 A. Yes.

19 Q. And ongoing mental illness is not necessarily cured when  
20 an acute episode is stabilized; is that true?

21 A. Yes.

22 Q. And it's also true that you do not take insurance in your  
23 private practice; right?

24 A. Yes.

25 Q. And one of the reasons is that if you take insurance, you

## TRIANA - DIRECT / KRAVITZ

1 need a claims operation and it is more complicated; right?

2 A. Yes.

3 Q. So you don't have to deal with the situation where you  
4 make a treatment recommendation and then an insurance company  
5 refuses to pay?

6 A. That's not accurate.

7 Q. You don't take insurance, do you?

8 A. No.

9 Q. So sometimes your patients submit a claim and then the  
10 insurance company says no; is that correct?

11 A. Yes.

12 Q. Right. But you don't have a claims operation that does it  
13 for them?

14 A. No.

15 Q. And turning back to the BPAC for a minute, just to get  
16 this clear, you were a member and a co-chair of that committee  
17 from the time it started in 2010; true?

18 A. Yes.

19 Q. And you were a member and co-chair until it was disbanded  
20 in 2016; right?

21 A. Yes.

22 Q. Okay. And you were co-chair, first, with Maria Sekac.  
23 Did I pronounce that right?

24 A. Sekac.

25 Q. Sekac. Sorry.

## TRIANA - DIRECT / KRAVITZ

1 That's correct?

2 A. Yes, sir.

3 Q. And then with Mr. Niewenhous; correct?

4 A. Yes.

5 Q. And, also, Mr. Niewenhous and Dr. Bill Bonfield were both  
6 on the committee from beginning to end; is that also true?

7 A. Yes.

8 Q. There was a representative of the Affordability Department  
9 on the BPAC; is that correct?

10 A. Yes.

11 Q. And that was Pete Brock for a while and then later Nisha  
12 Patterson?

13 A. Yes.

14 Q. And Fred Motz, from the Finance Department, was also on  
15 the BPAC; is that true?

16 A. Yes.

17 Q. It's also true that the BPAC would discuss the benefit  
18 expense, or ben-ex, impact of changes to the guidelines if  
19 someone felt that that subject should be discussed?

20 A. It was not something that came up frequently at all.

21 Q. Okay. My question is: The BPAC would discuss the benefit  
22 expense of changes to the guidelines if someone felt that the  
23 subject should be discussed; is that correct?

24 A. Only if there was on rare occasions.

25 Q. So if someone felt like it should be discussed, it was

**TRIANA - DIRECT / KRAVITZ**

1 discussed in the BPAC; correct?

2 **A.** Yes.

3 **Q.** And when there was a financial issue related to a  
4 guideline, Fred Motz, from Finance, would participate; correct?

5 **A.** Yes.

6 **Q.** Also, in terms of the impact of a change to a guideline on  
7 the average length of stay, or ALOS, that could have been  
8 something that if someone in the committee had a concern about  
9 that, that would be a good time to bring it up; correct?

10 **A.** The BPAC didn't evaluate Utilization Management data like  
11 that.

12 **Q.** Okay. And you consider ALOS Utilization Management data?

13 **A.** Yes, sir.

14 **Q.** Okay.

15 **MR. KRAVITZ:** Your Honor, I'd like to refer to  
16 Dr. Triana's deposition. And, just for the record, he was  
17 deposed over three days. The first day has numbers that run  
18 consecutively up to about 280. And that I will refer to as  
19 Volume 1. The second and third days have numbers that run  
20 consecutively, starting again at 1, but up to about 580. Okay.  
21 And that I will refer to as Volume 2, even though they are in  
22 separate packets. Okay?

23 **BY MR. KRAVITZ:**

24 **Q.** And I am referring to Volume 2, at page 324, 5 to 13.

25 **A.** Volume binder 2; is that correct?

## TRIANA - DIRECT / KRAVITZ

1           **MR. KRAVITZ:** I don't know what you have in front --  
2 may I approach to make sure he's got the right thing in front  
3 of him?

4           **THE COURT:** He doesn't.

5           **MR. KRAVITZ:** Oh, he doesn't have it.

6           **THE COURT:** He should.

7           **MR. KRAVITZ:** He shouldn't or should?

8           **THE COURT:** He should.

9           **MR. KRAVITZ:** Okay. The Court's indulgence for a  
10 moment.

11 **BY MR. KRAVITZ:**

12 **Q.** Dr. Triana, just to help you out on this, this would be  
13 the May 10, 2017, testimony you gave.

14           Would you turn, please, to page 324. And I'm going to  
15 focus on lines 5 to 13.

16           **THE COURT:** Go ahead and read those.

17           **MR. KRAVITZ:** I will.

18 **"Q.** In the BPAC's discussions about proposed changes to  
19 the Level of Care Guidelines, did anyone ever raise  
20 potential impacts to average length of stay for any level  
21 of care?

22 **"A.** I don't recall a specific example. That could have  
23 been something that if somebody in the committee had a  
24 concern about that would be the time to bring it up.

25 \\\

## TRIANA - DIRECT / KRAVITZ

1 **BY MR. KRAVITZ:**

2 **Q.** You gave that answer to that question?

3 **A.** Yes, sir.

4 **Q.** Okay. Let's turn, now, to Trial Exhibit 339, please.

5 Do you have that in front of you?

6 **A.** Yes, sir. 339; correct?

7 **Q.** 339.

8 **A.** Yes, sir.

9 **Q.** And that is an email with an attachment dated May 29,  
10 2012, from Mr. Niewenhous to you and Ms. Sekac and -- I guess,  
11 just the two of you; is that correct?

12 **A.** Bruce Bobbitt from ECK.

13 **Q.** Correct.

14 And the subject is "Clinical Guideline Process"; correct?

15 **A.** Yes, sir.

16 **MR. KRAVITZ:** Okay. I move the admission of Exhibit  
17 339 into evidence.

18 **MR. RUTHERFORD:** No objection, Your Honor.

19 **THE COURT:** It's admitted.

20 (Trial Exhibit 339 received in evidence.)

21 **BY MR. KRAVITZ:**

22 **Q.** And if you will turn, please, to the page marked  
23 "339-0004."

24 Do you have that in front of you?

25 **A.** Yes, sir.

1 Q. Okay. And that is a page that says "Optum Clinical  
2 Guidelines Current State of Guideline Process - Part 1, May 15,  
3 2012." Correct?

4 A. Yes, sir.

5 Q. And if you would go to page Exhibit 339-0005. It's the  
6 next page in the PowerPoint. Okay.

7 Do you have that in front of you? It says "Objectives of  
8 the Presentation."

9 A. Yes.

10 Q. And if you look down the page, about three-quarters of the  
11 way down, it says "BPAC is responsible" -- it's down a little  
12 bit. Next bullet. There you go.

13 "BPAC is responsible for promoting consistent  
14 application of approved guidelines."

15 Do you see that?

16 A. Yes.

17 Q. I read that properly?

18 A. Yes.

19 Q. And then it gives two sub-bullets, giving some detail to  
20 that. Correct?

21 A. Yes, sir.

22 Q. And the first is (reading):

23 "Ensuring the dissemination of the guidelines to the  
24 organization."

25 Correct?

1     **A.**    Yes.

2     **Q.**    And the second is (reading):

3                "Assessing and ensuring the consistency of benefits  
4                management processes with medical plans to satisfy  
5                nonquantitative parity requirements."

6                Do you see that?

7     **A.**    Yes.

8     **Q.**    Okay.  Now, one purpose of the guidelines is to help  
9                ensure that people making clinical coverage determinations will  
10               do so in a consistent way; correct?

11    **A.**    Yes.

12    **Q.**    And, in fact, you expect consistency in the application of  
13               the guidelines; right?

14    **A.**    Yes.

15    **Q.**    And if you would turn to page 10 in Exhibit 339.  That is,  
16               for the record, the trial exhibit page-0010.

17               And if you look about two-thirds of the way down the page,  
18               the third -- yes, "Guideline Interdependencies."  Thank you.

19               Do you see it says "Guideline Interdependencies"?  Do you  
20               see that?

21    **A.**    Yes.

22    **Q.**    And it says under that (reading):

23               "The Coverage Determination Guidelines and the Level  
24               of Care Guidelines are heavily interdependent."

25               Did I read that right?



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1 A. Yes, sir.

2 Q. And then it says "Keeping Them in Sync is Important." Do  
3 you see that.

4 A. Yes.

5 Q. And I read that properly?

6 A. Yes, sir.

7 Q. Okay. Let's move onto the topic of how UBH uses the LOCGs  
8 and CDGs in denying coverage. Okay?

9 A. Yes, sir.

10 Q. It's true UBH cannot make a clinical noncoverage  
11 determination without citing a guideline; is that correct?

12 A. That is correct.

13 Q. And it's also true that UBH administers thousands of  
14 behavioral health plans?

15 A. I don't know the total number of plans.

16 Q. But you know it's well into the thousands; right?

17 A. It's a significant number; but I don't know the exact  
18 number.

19 Q. So you don't know that there are 3,000 plans involved in  
20 this case alone?

21 A. I know that there's thousands, but I don't know how many.

22 Q. Okay. And it's true that UBH has one Utilization  
23 Management Program Description at any one time for  
24 administering commercial plans?

25 A. The Utilization Management Program Description is for a

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1 variety -- for all the plans.

2 Q. Yes. And there's one at a time; right?

3 A. Yes.

4 Q. And the Utilization Management Program Description is  
5 sometimes called the UMPD?

6 A. Yes.

7 Q. So if I use that term, you'll know what I'm talking about?

8 A. Yes.

9 Q. And it's also true that UBH has one standard set of  
10 guidelines for use on the commercial side of its business?

11 A. Yes.

12 Q. Let's turn, please, to Exhibit 798.

13 MR. RUTHERFORD: Your Honor, to the extent they're  
14 going to be displaying this sealed document, we ask that they  
15 display the redacted version.

16 THE COURT: Yes.

17 MS. REYNOLDS: Your Honor, I don't believe we're going  
18 to be displaying the portions that are redacted.

19 MR. KRAVITZ: I'm going to show something on page 5  
20 and page 6. I don't want to make a mistake here.

21 THE COURT: Are the redactions on 5 or 6?

22 MR. RUTHERFORD: We left our excerpts --

23 MR. KRAVITZ: I don't want to screw it up.

24 MR. RUTHERFORD: It does not contain the sealed  
25 portion.

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1           **THE COURT:** Okay.

2           **BY MR. KRAVITZ:**

3           **Q.** Okay. So Exhibit 798 is an email from you to Nisha  
4           Patterson dated March 10, 2016; is that correct?

5           **A.** Yes.

6           **Q.** And the subject is "Forward Redesign Behavioral Health UM  
7           Process Workshop 1: Current State"; right?

8           **A.** Yes.

9           **MR. KRAVITZ:** I move the admission of Exhibit 798.

10          **MR. RUTHERFORD:** No objection, Your Honor.

11          **THE COURT:** Admitted.

12          (Trial Exhibit 798 received in evidence.)

13          **BY MR. KRAVITZ:**

14          **Q.** And please turn to page 0005 in Exhibit 798.

15          **A.** Yes.

16          **Q.** Okay. And that is -- a document begins there that's  
17          entitled "UM in Context. William Bonfield M.D., M.P.H., 3-5-16  
18          Executive Summary."

19          Do you see that?

20          **A.** Yes.

21          **Q.** Okay. And I'd like to direct your attention to the one,  
22          two, three, fourth paragraph down that starts "Utilization  
23          Management." And the document states (reading):

24                  "Utilization Management and Case Management are two  
25          powerful but very different tools for change. The essence

1 of Utilization Management is a decision to pay or not pay  
2 for a specific benefit, a service or level of care, for a  
3 specific consumer based on the criteria of medical  
4 necessity. It focuses on changing provider behavior and,  
5 in a carve-out environment, speciality mental health  
6 benefits or medical/surgical benefits, not both."

7 I read that correctly?

8 **A.** Yes.

9 **Q.** Okay. Turn, please, to page -- you know something? I  
10 think -- I misspoke before. I believe the next thing I want to  
11 read is on page 0007. And I want to make sure that -- we're  
12 good. Okay.

13 Can you turn to page 0007.

14 **A.** Yes.

15 **Q.** Okay. And then if you go down to the bottom paragraph on  
16 that page, do you see where it says (reading):

17 "The essence of Utilization Management is using the  
18 power to pay or not pay to change provider behavior for a  
19 specific consumer. Utilization Management focuses  
20 primarily on the provider. It is applied one consumer at  
21 a time but it is possible to change provider behavior for  
22 populations using Utilization Management."

23 I read that correctly, as well, did I not?

24 **A.** Yes.

25 **Q.** Okay. And we've touched on the subject of UMPDs. And, in

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1 fact, the UMPD is actually a manual; correct?

2 There's a document that's called the Utilization  
3 Management Program Description; right?

4 A. Yes.

5 Q. Okay. And it's UBH's National Utilization Management  
6 Committee that creates the UMPD document; is that correct?

7 A. The Utilization Management Committee, yes.

8 Q. And the purpose of the document is that it outlines UBH's  
9 processes for managing the behavioral health benefit; is that  
10 correct?

11 A. Yes.

12 Q. And Utilization Management is the process by which  
13 requests for service or requests for coverage are evaluated;  
14 correct?

15 A. Yes.

16 Q. And the UMPD -- and I'm referring to the documents now --  
17 are used primarily, but not exclusively, by people inside UBH;  
18 is that correct?

19 A. Yes.

20 Q. And the UMPD are also reviewed by UBH's accreditation  
21 agencies; is that correct?

22 A. They're used in -- by the accreditation agencies that  
23 accredit UBH, yes.

24 Q. They look at them; right?

25 A. Correct.

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1 **Q.** Could you turn, please, to Trial Exhibit 259.

2 Do you have that in front of you?

3 **A.** Yes, sir.

4 **Q.** Okay. And that's a cover email from John Beaty.

5 Did I say that right?

6 **A.** Beaty.

7 **Q.** Sorry.

8 From John Beaty to Mr. Niewenhous, "Subject: UMPD Signed."

9 And then the attachment is the 2014 UBH UMPD; is that correct?

10 **A.** Yes.

11 **MR. KRAVITZ:** Okay. I move the admission of Exhibit

12 259.

13 **MR. RUTHERFORD:** No objection, Your Honor.

14 **THE COURT:** It's admitted.

15 (Trial Exhibit 259 received in evidence.)

16 **BY MR. KRAVITZ:**

17 **Q.** And if you turn to page 4.

18 **A.** Yes.

19 **Q.** And I'm referring to the trial number.

20 You see that there's signatures on that page?

21 **A.** Yes, sir.

22 **Q.** Okay. And you've signed this document; is that correct?

23 **A.** I did.

24 **Q.** On 2/17/2014?

25 **A.** Yes.

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1 Q. And the other signatories were Pete Brock and Bill  
2 Bonfield?

3 A. Yes.

4 Q. And you agreed that Exhibit 259, which is the 2014 UMPD,  
5 sets forth the company's policies for that year with respect to  
6 the use of the LOCGs and CDGs?

7 A. It says the policies for our Utilization Management  
8 Program, of which the LOCGs and CDGs are a part of.

9 Q. If you would turn, please, to trial exhibit page 0008 in  
10 259.

11 And do you see that halfway down the page there is a  
12 heading that says "Scope of the Utilization Management  
13 Program"?

14 Do you see that?

15 A. Yes.

16 Q. And then it says (reading):

17 "This Utilization Management Program Description  
18 applies to all commercial and public sector business  
19 managed by Optum."

20 Do you see that?

21 A. Yes.

22 Q. And "Optum" would refer to UBH?

23 A. Yes.

24 Q. Turn you, please, to page -- trial exhibit page 0011. And  
25 this is the beginning of a section on Utilization Management

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1 processes definitions.

2 Do you see that?

3 A. Yes.

4 Q. And then there's a Footnote 1 on Definitions. Do you see  
5 that?

6 A. Yes.

7 Q. And that provides (reading):

8 "Definitions reflect the Care Advocacy Policies and  
9 Procedures Definition List, approved 12/13."

10 Do you see that?

11 A. Yes.

12 Q. Turn to the next page, which is Exhibit page 0012.

13 Do you have that in front of you?

14 A. Yes.

15 Q. And there's a definition on that page for "Concurrent  
16 Review"; correct?

17 A. Yes.

18 Q. And the "Concurrent Review" definition is a review for an  
19 extension of an ongoing course of treatment over a period of  
20 time; correct?

21 A. Correct.

22 Q. So that's a review after the treatment has begun; correct?

23 A. Correct.

24 Q. As opposed to a preauthorization consideration; right?

25 A. Correct.



1 Q. And then if you go down to -- sorry about that. Let me  
2 start again.

3 If you move down the page a little bit, you see that  
4 there's a definition of "Denial"?

5 A. Yes.

6 Q. Okay. And, just for the record, I'm still on page 0012.  
7 And that definition of "Denial" provides:

8 "Nonauthorization of care or service based on either  
9 medical appropriateness or benefit coverage. There are  
10 two categories of denials, clinical and administrative."  
11 Then there's a sub-bullet that says:

12 "Clinical Denial: A nonauthorization that involves a  
13 clinical decision."

14 Then there's a second bullet that says:

15 "Administrative Denial: A nonauthorization that is  
16 based upon the member's benefit coverage, and does not  
17 require clinical decision-making."

18 Do you see that?

19 A. Yes.

20 Q. Have I read that properly?

21 A. Yes.

22 Q. Okay. Turn to page 13 of this document. That has a trial  
23 numbering 0013.

24 And you see that towards the top of that page there's a  
25 definition of "External Reviewer."

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1     **A.**    Yes.

2     **Q.**    Okay.  And that provides:

3               "A non-Optum-employed peer reviewer with competency  
4               in the same or similar specialty area with an active  
5               unrestricted license.  External reviewers do not make  
6               determinations - they make recommendations as to whether a  
7               request for services meets relevant these criteria.  An  
8               Optum peer reviewer reviews the recommendations of an  
9               external reviewer and makes a determination."

10              I read that properly, as well, did I not?

11     **A.**    Yes.

12     **Q.**    Okay.  And then if you go down the page to "Guidelines,  
13               Coverage Determination," do you see that definition?

14     **A.**    Yes.

15     **Q.**    And that provides:

16               "The coverage determinations are a set of guidelines  
17               that standardize the interpretation and application of the  
18               terms of the benefit plan."

19              Correct?

20     **A.**    Yes.

21     **Q.**    And then the next one is "Guidelines, Level of Care";  
22               right?

23     **A.**    Yes.

24     **Q.**    And that provides (reading):

25               "The Level of Care Guidelines are clinically-based

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1 indicators developed to assist care advocacy personnel  
2 with making benefit decisions about appropriate levels of  
3 care for individual members."

4 Did I read that right?

5 **A.** Yes.

6 **Q.** Okay. And turn, please, to page 14. That's 0014.

7 And do you see there that there is a definition of  
8 medical -- strike that.

9 Do you see there's a definition of "Medically Necessary"?

10 **A.** Yes.

11 **Q.** Yes. And that provides:

12 "Services provided for the purpose of preventing,  
13 evaluating, diagnosing or treating a mental illness or  
14 substance use disorder, or its symptoms that are all of  
15 the following:" and then there are four bullets?

16 **A.** Yes.

17 **Q.** And the first is:

18 "In accordance with generally accepted standards of  
19 medical practice"; right?

20 **A.** Yes.

21 **Q.** And that would be saying that they have to be in accord  
22 with generally accepted standards of care. Same idea?

23 **A.** Yes.

24 **Q.** Okay. And then the next one is (reading):

25 "Clinically appropriate, in terms of type, frequency,

1 extent, site, and duration, and considered effective for  
2 the mental illness substance use disorder or its  
3 symptoms"; right?

4 **A.** Yes.

5 **Q.** And that's also referring to generally accepted standards;  
6 correct?

7 **A.** Yes.

8 **Q.** And then the third one is:

9 "Not mainly for the member's convenience or that of  
10 the member's doctor or other healthcare provider"; right?

11 **A.** Yes.

12 **Q.** And the last one is:

13 Not more costly than an alternative drug, service or  
14 supply that is at least as likely to produce equivalent  
15 therapeutic or diagnostic results as to the diagnosis or  
16 treatment of the member's mental illness, substance use  
17 disorder, or its symptoms': right?

18 **A.** Yes.

19 **Q.** Okay. If you turn to page 0015. And there's a definition  
20 of "Peer Reviewer" on that page.

21 And we'll put the whole thing up. I'd just like to focus  
22 on the beginning and the end. But there is some stuff in the  
23 middle.

24 But peer reviewers -- well, I'll just read the whole thing  
25 (reading):

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1 "Peer reviewers are psychiatrists, certified  
2 addiction medicine specialists and doctoral-level  
3 psychologists who have competency in the same or similar  
4 specialty area, and hold an active, unrestricted license.  
5 A doctoral-level psychologist may serve as a peer reviewer  
6 when the level of care is outpatient or intensive out  
7 patient and a physician not providing treatment or when  
8 the service is psychological or neuropsychological  
9 testing. Only a peer reviewer can make clinical denial.  
10 Administrative denial can be made by a clinical operations  
11 director/national director or his/her designee."

12 Do you see that?

13 **A.** Yes.

14 **Q.** Okay. And a care advocate -- by the way, that's a term  
15 you're familiar with, "care advocate"?

16 **A.** Yes.

17 **Q.** Okay. And a care advocate can approve a claim or make an  
18 administrative denial; is that right?

19 **A.** They can approve the claim, yes.

20 **Q.** They can approve it?

21 **A.** Right.

22 **Q.** But they can also make an administrative denial such as:  
23 The request or claim for service falls within exclusion?

24 **A.** Within an exclusion.

25 **Q.** Yes. So that would be administrative denial; correct?

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1 A. Yes.

2 Q. And the care advocate can do that; is that correct? The  
3 care advocate as opposed to the peer reviewer --

4 A. Correct.

5 Q. Yes. -- can make an administrative denial; right?

6 A. Yes.

7 Q. Okay. But the care advocate cannot make a clinical  
8 denial; is that correct?

9 A. That is correct.

10 Q. And a clinical denial can only be made by a peer reviewer  
11 who is a psychiatrist or a Ph.D.-level psychologist; is that  
12 also correct?

13 A. That is correct.

14 Q. Let's turn to page 0016 in Exhibit 259, please.

15 And there's a definition of "Role of the Appeal Reviewer."  
16 Do you see that?

17 A. Yes.

18 Q. And there's a process for appealing claim denials; is that  
19 correct?

20 A. Yes.

21 Q. And, in particular, I'd like to focus you on the -- it  
22 says (reading):

23 "The appeal reviewer" -- and this is at the bottom of  
24 the paragraph -- "is to base his or her decision on the  
25 following."

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1 Do you see that?

2 A. Yes.

3 Q. And then the first bullet has to do with any documents,  
4 records, or written comments submitted by the treating  
5 practitioner, member, or authorized representative.

6 Do you see that?

7 A. Yes.

8 Q. And then the second bullet says (reading):

9 "The Level of Care Guidelines, the Coverage  
10 Determination Guidelines, the Psychological and  
11 Neuropsychological Testing Guidelines, other clinical  
12 guidelines required by contract or regulation, and/or  
13 other relevant benefit coverage documents."

14 Do you see that?

15 A. Yes.

16 Q. And that is something that the appeal reviewer is to base  
17 his or her decision on; correct?

18 A. Correct.

19 Q. Lets turn, now, to page 0018 in Exhibit 259. And in  
20 particular, I'd like to address your attention to the  
21 definitions of "Coverage Determinations."

22 Actually, you know what? I misspoke.

23 There's a new heading here on page 17, that says "Triage  
24 and Referral."

25 A. Yes.

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1 Q. Do you see that?

2 A. Yes.

3 Q. Okay. Just to be accurate, it's under that heading. And  
4 then there's a subheading on 0018 for "Coverage  
5 Determinations."

6 Do you see that?

7 A. Yes.

8 Q. I would like to focus on the first sentence of this. And  
9 it says (reading):

10 "All services that are determined to be covered are  
11 documented in the member's electronic record."

12 Have I read that right?

13 A. Yes.

14 Q. Okay. And it's true that UBH maintains electronic records  
15 of services for services that it approves; is that true?

16 A. Yes.

17 Q. Okay. And it's important that those records are accurate;  
18 is that right as well?

19 A. Yes.

20 Q. And it's also important that they are complete; correct?

21 A. Yes.

22 Q. If you would turn, please, to page 19. That would be 0019  
23 in Exhibit 259.

24 And you see that there is a heading "Peer-to-peer Review  
25 Determinations"?



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1     **A.**    On what page?  I'm sorry.

2     **Q.**    I'm sorry.  0019.

3     **A.**    Oh, yes.

4     **Q.**    And the first sentence in the first paragraph under that  
5 heading says (reading):

6                 "In the event that the level or type of care  
7 requested by the member, treating physician/practitioner,  
8 or facility does not appear to meet the criteria outlined  
9 in the Level of Care Guidelines, Coverage Determination  
10 Guidelines, the Psychological and Neuropsychological  
11 Testing Guidelines, or other clinical guidelines required  
12 by contract or regulation, the care advocate is to forward  
13 the case to a peer reviewer for clinical review, or is to  
14 consult with an Optum medical director."

15                Did I read that right?

16     **A.**    Yes.

17     **Q.**    And then if you go down to the next paragraph, and then in  
18 the middle it picks up, it talks about the role of the peer  
19 reviewer.

20                Do you see that?  It starts "The role of the peer  
21 reviewer."  I believe it's the second sentence.

22     **A.**    Yes, I found it, yes.

23     **Q.**    Okay.  Okay.  Sometimes it's -- I get lost in this  
24 document too.  (Reading:)

25                "The role of the peer viewer is to exercise clinical

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1 judgment in reviewing the relevant information, and to  
2 review the case against the pertinent Level of Care  
3 Guidelines, Coverage Determination Guidelines,  
4 Psychological and Neuropsychological Testing Guidelines,  
5 or other clinical guidelines required by contract or  
6 regulation, the member's benefit plan, available community  
7 resources, and individual member need."

8 Do you see that?

9 **A.** Yes.

10 **Q.** Okay. And I read that accurately?

11 **A.** Yes.

12 **Q.** And then below that there's a heading "Denials."

13 Do you see that?

14 **A.** Yes.

15 **Q.** It says (reading):

16 "A peer reviewer makes all clinical denials -- with  
17 "clinical" underlined in the original -- "based on the  
18 criteria outlined in the Level Of Care Guidelines,  
19 Coverage Determination Guidelines, Psychological and  
20 Neuropsychological Testing Guidelines, or any clinical  
21 guidelines required by contract or regulation, the  
22 member's benefit plan, available community resources, and  
23 individual member need."

24 Did I read that right?

25 **A.** Yes.

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1 Q. And then if you turn to page 0020, in Exhibit 259. And,  
2 in particular, I am making reference to the heading that says  
3 "Written Notification of a Denial Includes the Following."

4 Do you see that? Take your time. It's on 0020.

5 A. Yes.

6 Q. Okay. And the "Written Notification of a Denial" includes  
7 the following. Bullet one is:

8 "The specific level of care or service that is being  
9 denied"; correct?

10 A. Yes.

11 Q. And then bullet two is -- as what the written notification  
12 should concern, is the rationale for the denial. And then the  
13 first sub-bullet is (reading):

14 "In the case of a denial based on clinical  
15 considerations, the rationale is to cite the Level of Care  
16 Guidelines, the Coverage Determination Guidelines, the  
17 Psychological and Neuropsychological Testing Guidelines,  
18 or other clinical guidelines required by contract or  
19 regulation, as appropriate, on which the denial was  
20 based ..."

21 Do you see that?

22 A. Yes.

23 Q. And then goes on and talks about that the language should  
24 be understandable and addresses the member's specific clinical  
25 needs.

1 Do you see that?

2 A. Yes.

3 Q. I shouldn't say "needs." "Presentation."

4 A. That's the word.

5 Q. "Presentation."

6 And then the second sub-bullet there is (reading):

7 "In the case of a denial based on administrative  
8 considerations, the rationale is to cite the appropriate  
9 section of the member's relevant plan documents on which  
10 the denial was based."

11 Did I read that properly?

12 A. Yes.

13 Q. And so you'd agree that when a denial is for clinical  
14 reasons, what we just read in this provision of the UMPD must  
15 be included in the denial letter as a matter of UBH policy and  
16 procedure?

17 A. Yes.

18 Q. And you agree that when UBH issues an adverse benefit  
19 determination for lack of medical necessity, it means that a  
20 peer reviewer concluded that the case did not meet the criteria  
21 in UBH's LOCGs?

22 A. Yes.

23 Q. And when UBH makes a clinical coverage determination to  
24 deny benefits, it means that a peer reviewer concluded that the  
25 case did not meet the criteria and the applicable CDGs; is that

1 also correct?

2 **A.** Correct.

3 **Q.** And then once -- as I understand it, that UBH then, if  
4 there has been such a determination sends the member the letter  
5 notifying the member of the adverse benefit determination and  
6 of the member's appeal rights; is that correct?

7 **A.** Correct.

8 **Q.** And the letter cites all the reasons for the adverse  
9 benefit determination?

10 **A.** No.

11 **Q.** And the letter also cites the guideline that the adverse  
12 benefit determination is based on?

13 **A.** Yes.

14 **Q.** And you said, "No"?

15 **A.** I said, "No."

16 **Q.** Oh, I didn't hear that.

17 So you said "no" to the question: The letter also cites  
18 the guideline that the adverse benefit determination is based  
19 on? You said "no" to that?

20 **A.** I said "yes" to that.

21 **Q.** Okay.

22 **MS. REYNOLDS:** Prior question.

23 **MR. KRAVITZ:** Prior question. Okay. Sorry.

24 **BY MR. KRAVITZ:**

25 **Q.** And the letter cites all the reasons for the adverse

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1 benefit determination. That's what you said "no" to?

2 **A.** Correct.

3 **MR. KRAVITZ:** Okay. Your Honor, I'd like to read from  
4 Volume 2, page 579, 13 to 17, from his deposition.

5 **THE COURT:** Go ahead.

6 **THE WITNESS:** I'm sorry, what page?

7 **BY MR. KRAVITZ:**

8 **Q.** 579. And that's obviously the second volume because the  
9 first one doesn't go that high. And I'm making reference to  
10 lines 13 to 17.

11 Are you with me?

12 **A.** Yes, sir.

13 **Q.** Okay.

14 **"Q.** And the letter sent to the member sets forth all the  
15 reasons for the adverse benefit determination; right?"

16 Then there's an objection to form.

17 **"A.** That is correct."

18 And you gave that answer to that question; right?

19 **A.** Yes.

20 **Q.** Dr. Triana, with respect to denials under ERISA plans --  
21 and the first thing is, you're familiar with the term "ERISA"?

22 **A.** I'm familiar with the term "ERISA."

23 **Q.** Right. And you know that some plans are ERISA plans;  
24 correct?

25 **A.** Correct.

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1 Q. So if there's a denial under an ERISA plan, you know that  
2 ERISA requires UBH to set forth the specific reason or reasons  
3 for the adverse benefit determination?

4 A. Yes.

5 Q. Now, I'd just like to identify UMPDs for other years.  
6 So if you could turn to 258, please.

7 THE COURT: Let's do that after our morning break.

8 MR. KRAVITZ: Okay.

9 THE COURT: So we'll take a ten-minute break.

10 Thanks, everyone.

11 MR. KRAVITZ: Thank you.

12 (Recess taken at 10:32 a.m.)

13 (Proceedings resumed at 10:50 a.m.)

14 (Proceedings resumed at 10:50 a.m.)

15 THE COURT: All right. We're back on the record.

16 Proceed.

17 MR. KRAVITZ: Okay. Thank you.

18 Q. Dr. Triana, it's true that the guidelines are not just in  
19 the background but, in fact, the medical directors use the  
20 guidelines to make their determinations? Is that fair?

21 A. Along with their clinical judgment.

22 Q. Right. It's true that they're not in the background and  
23 that the medical directors use the guidelines to make their  
24 determinations? That's a true statement; right?

25 A. They use -- the guidelines augment and are used to be

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1 augmenting their sound clinical judgment.

2 Q. Okay. I'd like to read from Volume 2, page 271, 10  
3 through 16.

4 A. I'm sorry. This binder? Sorry.

5 Q. I can't see what you're pointing at.

6 A. You said 271?

7 Q. Yes, sir. No, no. Not the exhibit. Your deposition.

8 A. Oh.

9 Q. So, yeah, it would be the second volume.

10 A. Okay. Thank you.

11 Q. Okay.

12 A. (Witness examines document.) Page 271?

13 Q. Yes. And lines 10 to 16 is what I am going to read.

14 THE COURT: Why don't you go ahead and read them.

15 MR. KRAVITZ: Can I read them?

16 THE COURT: Yes.

17 MR. KRAVITZ: Okay.

18 THE WITNESS: I just found them.

19 MR. KRAVITZ: (reading)

20 "QUESTION: So the guidelines are not merely in the  
21 background. They are actually the criteria against which  
22 UBH's peer reviewers make clinical coverage  
23 determinations; correct?"

24 There's an objection.

25 "ANSWER: The medical directors use the guidelines to make



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1 the determinations."

2 Q. You gave that answer to that question; correct?

3 A. Yes.

4 Q. If you could turn in your exhibit book to page 258 --  
5 page 258, excuse me -- to Exhibit 258, please.

6 A. (Witness examines document.)

7 Q. Do you have that in front of you?

8 A. Yes, sir.

9 Q. Okay. And Exhibit 258 is the UBH UMPD for 2013; is that  
10 correct?

11 A. Yes, sir.

12 MR. KRAVITZ: Okay. I move the admission of  
13 Exhibit 258.

14 MR. RUTHERFORD: No objection, Your Honor.

15 THE COURT: It's admitted.

16 (Trial Exhibit 258 received in evidence)

17 BY MR. KRAVITZ:

18 Q. And that was the first year that UBH had a company-wide  
19 UMPD; is that true?

20 A. I don't recall.

21 Q. If you would take a look at Exhibits 256 and 257, please.

22 A. (Witness examines document.) Yes.

23 Q. Okay. I just wanted --

24 A. Sorry. Yes.

25 Q. -- to give you a chance.

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1 And those are UBH's UMPD templates for 2011 and 2012; is  
2 that true?

3 A. Yes.

4 Q. And in those years the Care Advocacy Centers adopted the  
5 template or adopted a UMPD based on the template; is that  
6 correct?

7 A. That is correct.

8 MR. KRAVITZ: Okay. Move the admission of  
9 Exhibits 256 and 257.

10 MR. RUTHERFORD: No objection, Your Honor.

11 (Trial Exhibits 256 and 257 received in evidence)

12 BY MR. KRAVITZ:

13 Q. And if you could look at Exhibits 261, which is the 2015  
14 UMPD, and 262, which is the 2016 UMPD.

15 A. So my 261 says the 2016 UMPD.

16 Q. Okay. All right. Well, one is -- okay.

17 So we have -- oh, yeah. I guess -- I'm sorry.

18 260 is 2015 -- my apologies -- 261 is 2016, and 262 is  
19 2017. If you could just confirm that that's what those  
20 documents are.

21 A. So, yes, 260 is the UMPD for 2015, 261 is the UMPD for  
22 2016, and 262 is the UMPD for 2017.

23 MR. KRAVITZ: Thank you.

24 I move the admission of 260, 261, and 262.

25 MR. RUTHERFORD: No objection, Your Honor.

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1           **THE COURT:** They're admitted.

2           (Trial Exhibits 260, 261, and 262 received in  
3           evidence)

4           **BY MR. KRAVITZ:**

5           **Q.** Let's move now to the subject of interrater reliability.  
6           Do you know that term?

7           **A.** Yes, sir.

8           **Q.** And sometimes it's referred to as IRR?

9           **A.** Yes.

10          **Q.** And it's true that UBH conducts audits on an annual basis  
11          to evaluate whether its reviewers are applying the LOCGs  
12          consistently?

13          **A.** Yes.

14          **Q.** And that's called the interrater reliability process;  
15          correct?

16          **A.** Yes.

17          **Q.** And that IRR process is the one that UBH uses to ensure  
18          that the decisions that its clinicians are making are reliable  
19          and consistent among themselves?

20          **A.** Yes.

21          **Q.** And the Quality Improvement Department is the one that  
22          does the testing for the IRR process; is that correct?

23          **A.** Yes.

24          **Q.** And that the IRR gets calculated over a year's time frame;  
25          is that also right?

1 A. Yes.

2 Q. And in terms of the testing for UBH's peer reviewers, for  
3 example, the question would be whether the auditing physician  
4 agreed or didn't agree with the medical director; is that true?

5 A. Agreed in reviewing the same exact clinical information,  
6 whether they agreed with the decision made by the original  
7 medical director.

8 Q. Correct.

9 A. Yes.

10 Q. Okay. And is it true that UBH's clinicians -- and I'm  
11 referring to the period 2011 through 2016 -- have very high  
12 marks on interrater reliability?

13 A. Yes.

14 Q. I'd just like for you to look at Trial Exhibit 299.

15 A. (Witness examines document.) Yes.

16 Q. And, I'm sorry, I'm making a mess here.

17 Okay. And is 299 a September 2013 report on interrater  
18 reliability?

19 A. Yes.

20 Q. Okay. And you were one of the people in the company that  
21 received the results of the IRR process; is that true?

22 A. Yes.

23 Q. And if you could look at page 2 of Exhibit 299.

24 A. Yes.

25 Q. And if you -- yes, if you could highlight that.

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1 It says: (reading)

2 "The overall rate of interrater reliability was  
3 96.8 percent."

4 Do you see that?

5 **A.** Yes.

6 **Q.** And then it goes on to say that it exceeded the target of  
7 90 percent. Do you see that?

8 **A.** Yes.

9 **MR. KRAVITZ:** Okay. I move the admission of 299.

10 **MR. RUTHERFORD:** One moment, Your Honor.

11 **THE COURT:** Uh-huh.

12 (Pause in proceedings.)

13 **MR. RUTHERFORD:** We have no objection.

14 **THE COURT:** Okay. It's admitted.

15 (Trial Exhibit 299 received in evidence)

16 **BY MR. KRAVITZ:**

17 **Q.** And if you could -- we're going to go, just very quickly,  
18 through 300, 301, and 302, which are the IRR reports for 2014,  
19 2015, and 2016. If you could take a look at those exhibits and  
20 confirm that that's what they are.

21 **A.** (Witness examines document.) So Exhibit 300 is the 2014  
22 interrater reliability measure report.

23 **Q.** Yes.

24 **A.** (Witness examines document.) Exhibit 301 is the 2015  
25 interrater reliability report.

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1 (Witness examines document.) Exhibit 302 is the 2016  
2 interrater reliability measure report.

3 Q. Okay.

4 MR. KRAVITZ: And I move the admission of  
5 Exhibits 300, 301, and 302.

6 MR. RUTHERFORD: No objection, Your Honor.

7 THE COURT: They're admitted.

8 (Trial Exhibits 300, 301, and 302 received in  
9 evidence)

10 BY MR. KRAVITZ:

11 Q. And it's true that in those years the IRR was 98 percent  
12 or greater and exceeded the 90 percent target? You can check  
13 if you want. It's on page 2 of each document.

14 A. Yes. Thank you.

15 (Witness examines document.) Would you repeat your  
16 summary? It was greater than?

17 Q. Sure. I think it was 98 percent in --

18 A. Correct.

19 Q. -- 2014.

20 A. Right. So in 2014 it was 98 percent, not greater than  
21 98 percent.

22 Q. And in '15 and '16 I think it was a little higher than  
23 98 percent.

24 A. Correct. Correct.

25 Q. And the target was 90 percent in those years as well?

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1 A. Yes, sir.

2 Q. And then one more document -- well, let me ask you this:  
3 There were also reports for 2011 and 2012; is that true?

4 A. Yes.

5 Q. Okay. And your memory is that the company met its goals  
6 for those years as well?

7 A. Yes.

8 Q. Okay. And one more of these. Exhibit 343.

9 A. (Witness examines document.)

10 Q. And that's the IRR report for 2012; is that correct?

11 A. That is correct.

12 MR. KRAVITZ: And I move the admission of 343.

13 MR. RUTHERFORD: No objection, Your Honor.

14 THE COURT: It's admitted.

15 (Trial Exhibit 343 received in evidence)

16 BY MR. KRAVITZ:

17 Q. And if you just confirm on page 4 that the total correct  
18 score or the IRR was 95.3. It's in the first paragraph.

19 A. Yes, it is.

20 Q. Okay. And would you agree that the results of the IRR  
21 processes indicate that UBH's clinicians are and have been  
22 applying the LOCGs consistently?

23 A. Yes.

24 Q. Now, I just want to ask you a couple -- a few questions  
25 about another subject, which is you're aware of the words

1 "acute changes in signs and symptoms and/or psychosocial and  
2 environmental factors defined as 'why now' leading to  
3 admission"? You're familiar with those terms?

4 **A.** Yes.

5 **Q.** And you know that those words appear in the guidelines for  
6 a number of years?

7 **A.** Yes.

8 **Q.** Okay. If you could turn to Exhibit 408, please.

9 **A.** (Witness examines document.) Yes.

10 **Q.** And that's an e-mail. The cover is an e-mail from Loretta  
11 Urban to Dr. Bonfield, Mr. Niewenhous, and others; is that  
12 correct?

13 **A.** Yes.

14 **Q.** And the subject is "Review of Changes to 2014 Level of  
15 Care Guidelines"; right?

16 **A.** Yes.

17 **Q.** Okay. And the date is 11/1/2013?

18 **A.** (Witness examines document.) Yes.

19 **Q.** It's right up there.

20 **A.** Yes.

21 **Q.** Okay. And then if you turn the page, you'll see that  
22 there is a chart, and can you confirm that you recognize that  
23 attachment as the summary of feedback concerning the words of  
24 the 2014 guidelines, or proposed 2014 guidelines?

25 **A.** Yes. You're talking about beginning on 0004?



1 Q. Yes, sir. Thank you.

2 A. Yes.

3 Q. And if you could read -- sorry.

4 If you go to page 0008 in Exhibit 408 -- are you with me?

5 A. Yes, sir.

6 Q. -- and under the heading on the left, which we can carry  
7 forward, but the first column to the right of "Common Criteria"  
8 is the feedback column; is that correct?

9 A. That is correct.

10 Q. And at the top it says (reading):

11 "The idea of 'why now' is very clear for a  
12 high-functioning person who has an episode of depression  
13 or panic. It is less clear for more chronic people who  
14 seem to be going through one crisis after another."

15 Do you see that?

16 A. Yes.

17 Q. Okay. And then the discussion point to the right, which  
18 is under the heading of "Action," if you could go up to the  
19 top, is (reading):

20 Paren, "Term 'why now,' " in quotes, "shows up 82  
21 times throughout the guidelines so we should have a clear  
22 definition, e.g., precipitating events versus 'why now.'  
23 The 'why now' is the immediate cause for the member's  
24 distress and the member's motivation for seeking treatment  
25 at the current point in time." Paren, "Clinician needs to

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1 know immediate motive for seeking help. Elements of the  
2 member's current distress, intolerable changes in life  
3 circumstances, relapse, or onset of new symptoms, actions  
4 made to improve the situation. This may address comments  
5 of ambiguity. We may also want to link and expand the  
6 'why now' into evaluation and treatment planning sections  
7 further," paren, "e.g., elicit the 'why now' from the  
8 member set of circumstances that brings the member to  
9 treatment now, et cetera, page 5."

10 Do you see that?

11 **A.** Yes.

12 **Q.** Did I read that properly?

13 **A.** Yes.

14 **Q.** Now, you participated in a discussion about these  
15 comments; is that correct?

16 **A.** Yes.

17 **Q.** And that discussion occurred at the working group level?

18 **A.** The Level of Care Work Group.

19 **Q.** Yes. And that work group reports to the BPAC?

20 **A.** It doesn't report. It's the found -- it's the work group  
21 that's in charge of developing a draft of the guideline that  
22 then gets presented to the BPAC.

23 **Q.** Thank you. I thank you for that clarification.

24 It's true that the BPAC or the working group didn't  
25 recommend a revision to the "why now" language at that time?

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1     **A.**     That is correct.

2     **Q.**     And none was adopted at that time; is that correct? The  
3     BPAC didn't adopt a revision at that time in 2014?

4     **A.**     No.

5     **Q.**     If you could turn to Exhibit 516, please.

6     **A.**     (Witness examines document.)

7     **Q.**     And that is a January 8th, 2016, e-mail to you,  
8     Dr. Bonfield, Bruce Bobbitt, and Loretta Urban and it has to do  
9     with 2016 standard guideline updates, changes to 2016  
10    guidelines, 2016 guideline feedback revised. Do you see that?

11    **A.**     Yes.

12           **MR. KRAVITZ:** Okay. I move the admission of 516 into  
13    evidence.

14           **MR. RUTHERFORD:** No objection.

15           **MR. KRAVITZ:** And I can't remember whether I moved 408  
16    in but if I didn't, I'd like to do that.

17           **MR. RUTHERFORD:** And no objection to that either.

18           **THE COURT:** Both admitted.

19           (Trial Exhibits 408 and 516 received in evidence)

20    **BY MR. KRAVITZ:**

21    **Q.**     And then the attachment is feedback for the 2016  
22    guidelines; is that correct?

23    **A.**     Yes.

24    **Q.**     And if you would turn, please, to page 007 of Exhibit 516.  
25    Do you see that?

1 A. Yes.

2 Q. And there's some feedback from a person called Axelson  
3 from AACAP, which is the American Academy of Child and  
4 Adolescent Psychiatry?

5 A. Yes.

6 Q. And also some organization called BSAC; is that correct?

7 A. Yes.

8 Q. What does that stand for?

9 A. The Behavioral -- it's an internal group where we have our  
10 specialty, and I think it's the Behavioral Specialty Advisory  
11 Council. That's what I think it stands for.

12 Q. Okay. And so it's an internal group to UBH?

13 A. To UBH.

14 Q. The BSAC; correct?

15 A. Yes.

16 Q. And Dr. Axelson sits on that as well?

17 A. Yes.

18 Q. And looking at his feedback, it says (reading):

19 "While I understand the focus on 'why now'  
20 interventions, I am very concerned that the overemphasis  
21 of this type of treatment has contributed to an  
22 ineffective and inefficient overall treatment system. I  
23 am speaking from the perspective of 30 years of experience  
24 working in and at times managing a full range of services  
25 for children and adolescents. From 1984 to 1989, I

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1 developed and managed an integrated delivery system. From  
2 1990 to 1999 InterCare evolved to provide psychiatric care  
3 on a full risk capitated basis for 115,000 lives supported  
4 by commercial insurance plans and 25,000 lives that were  
5 managed Medicaid supported. The treatment teams in the  
6 two hospitals that we owned and the psychiatrists that  
7 were part of our PPO clearly understood that the goal was  
8 to provide the intensity and duration of inpatient and  
9 partial hospital services so that outpatient services are  
10 likely to succeed, managing serious persistent psychiatric  
11 illnesses, minimizing the negative impact on the  
12 development process of children and adolescents and the  
13 recovery goals of adults. In our experience, a few extra  
14 days of inpatient treatment to address issues of denial  
15 and misunderstanding of illness and the need to make a  
16 substantial commitment to outpatient treatment resulted in  
17 overall lower cost of care. Today I see repeated brief  
18 'crisis stabilization' admissions that fail to lead to a  
19 long-term commitment to outpatient psychiatric management.  
20 If Optum is to be involved in the development of ACOs  
21 where longer term effectiveness and efficiency is  
22 rewarded, management processes will need to be flexible  
23 enough to support extra efforts to increase patient and  
24 family engagement."  
25 Did I read that correctly?

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1 A. Yes.

2 Q. And it's true, Dr. Triana, that you don't disagree with  
3 Dr. Axelson?

4 A. I don't disagree with Dr. Axelson.

5 Q. And it's true that UBH reviewed the guidelines with  
6 Dr. Axelson's comments regarding the overemphasis on "why now"  
7 in mind?

8 A. Yes.

9 Q. And the BPAC discussed the subject because what he said  
10 was important; is that true?

11 A. The Level of Care Guideline Work Group had that  
12 discussion.

13 Q. Oh. I'm sorry. Pardon me.

14 The Level of Care Work Group discussed the subject because  
15 it was important?

16 A. Yes.

17 Q. And you'd agree that managing serious persistent  
18 psychiatric illness is important?

19 A. Yes.

20 Q. And minimizing the negative impact on the developmental  
21 process of children and adolescents and the recovery goals of  
22 adults are all important as well?

23 A. Yes.

24 Q. And Dr. Axelson's observation that he sees repeated brief  
25 crisis stabilization admissions that fail to lead to a

1 long-term commitment to outpatient psychiatric management, if  
2 it's happening, is also an important issue?

3 A. Yes.

4 Q. And UBH did not make a change in the "why now" language  
5 for 2016; is that correct?

6 A. That is correct.

7 Q. And, now, Dr. Bonfield, who was the company's internal  
8 chief medical officer, was one of the people who developed  
9 UBH's clinical vision; is that true?

10 A. Yes.

11 Q. And the "why now" concept was part of the company's  
12 clinical vision?

13 A. Yes.

14 Q. And so in 2016, it was no surprise to you that  
15 Dr. Bonfield was a supporter of "why now"; is that true?

16 A. That is true.

17 Q. And that it's also true that the "why now" was something  
18 that Dr. Bonfield really wanted to emphasize; is that correct?

19 A. Yes.

20 Q. And you and Mr. Niewenhous didn't stand in the way of  
21 keeping the "why now" for 2016; is that correct?

22 A. I did not disagree with Dr. Bonfield.

23 Q. Okay. But it was -- the words at least were removed in  
24 the 2016 guidelines in many places?

25 A. Yes.

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1 Q. But my understanding is that there was a discussion at the  
2 Utilization Management Committee on that subject but you didn't  
3 attend; correct?

4 A. For 2017?

5 Q. For the 2017 guidelines.

6 A. I was not present at that committee meeting.

7 Q. And you have never seen any research or evidence with  
8 respect to either removing or keeping the "why now" language;  
9 correct?

10 A. No, I have not.

11 Q. I'd like to, if you could, turn to Exhibit 755.

12 A. (Witness examines document.)

13 Q. And the top e-mail on Exhibit 755 is from you to, I think,  
14 Lyndon Good dated March 25th, 2014; is that right?

15 A. Yes.

16 Q. And what follows is an e-mail string of conversations  
17 between you and him and your boss Keith Keytel and perhaps  
18 others?

19 A. Yes.

20 Q. Okay. And the subject has to do with, among other things,  
21 developing a CDG?

22 A. (Witness examines document.) No, it wasn't about  
23 developing a CDG. It was looking at a benefit -- the potential  
24 of a new benefit.

25 Q. Okay. And then if you did that, you'd have to develop a



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1 CDG; correct?

2 **A.** Yes.

3 **MR. KRAVITZ:** Okay. I move the admission of 755.

4 (Pause in proceedings.)

5 **MR. RUTHERFORD:** One moment, Your Honor.

6 (Pause in proceedings.)

7 **MR. RUTHERFORD:** No objection.

8 **THE COURT:** Admitted.

9 (Trial Exhibit 755 received in evidence)

10 **MR. KRAVITZ:** And, Your Honor, this is one of the  
11 documents that's got a little piece redacted.

12 **THE COURT:** Okay.

13 **MR. KRAVITZ:** I do want to bring it to your attention,  
14 but I also don't want to violate your ruling. So I understand  
15 that the redacted version of the document will be in the public  
16 record, but I'll do whatever the Court directs in terms of  
17 reading that section that's redacted.

18 **THE COURT:** What is the nature of the redaction?

19 **MR. KRAVITZ:** It's a sentence that has to do with a  
20 reference to legal advice.

21 **THE COURT:** I'm not going to seal the courtroom for  
22 that.

23 **MR. KRAVITZ:** Does that mean I can read it? I don't  
24 want to tread on any ruling.

25 **THE COURT:** No. All I did was seal the exhibits. The

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1 redaction is going to be in the exhibits. No one requested  
2 that the courtroom be sealed. In fact, I think the motion said  
3 "We're not requesting the courtroom be sealed," so proceed.

4 **MR. KRAVITZ:** Okay. Thank you for that clarification.

5 **MS. ROMANO:** Your Honor, I don't think we understood  
6 that they would be read into the record with the open courtroom  
7 here. It is attorney-client privilege communication.

8 **THE COURT:** Fine. Overruled.

9 Go ahead.

10 **BY MR. KRAVITZ:**

11 **Q.** If you could turn to page 0003 of Exhibit 755, please.

12 **A.** Yes.

13 **Q.** And you see that your e-mail is (reading):

14 "I know the group met this morning, but in debriefing  
15 with Keith I'd like to meet so we can discuss some of his  
16 thoughts and any other ideas you may have."

17 Did I read that right?

18 **A.** Yes.

19 **Q.** And that was on March 25th, 2014; is that correct?

20 **A.** Yes.

21 **Q.** And then if you could turn to page 0002, and I'd like to  
22 make reference to Mr. Keytel's e-mail to you and Mr. Good and  
23 Margaret Brennecke the 24th of March. Do you see that?

24 **A.** Yes.

25 **Q.** Okay. And Mr. Keytel is Keith?

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1 A. Keith, yes.

2 Q. Okay. And then he starts out, he says (reading):

3 "Here are a couple of thoughts I took away from the  
4 meeting earlier."

5 Do you see that?

6 A. Yes.

7 Q. And then down further he says, and I'm reading (reading):

8 "Here is where we need help.

9 "1. Perform a thorough analysis of Benefit changes  
10 (COCs/SPDs), especially as it relates to 'long-term care.'  
11 Broadly speaking, this is Interpretation of Benefits.

12 OHBS Commercial interpretation and application  
13 historically has been on (let's get a position quote here  
14 that's accurate. [Lorenzo]) crisis  
15 stabilization/short-term treatment and that is not  
16 consistent with 'long-term care/placement.'"

17 Do you see that?

18 A. Yes.

19 Q. Okay. And I read that properly?

20 A. Yes.

21 Q. And the "Lorenzo" is you; right?

22 A. Yes.

23 Q. And then if you turn the page to 0001, that's your e-mail  
24 following up on that or responding; is that correct?

25 A. Yes.

1 Q. And your first comment is (reading):

2 "First of all, the sense is that Keith accurately  
3 captured the salient points from the 8:00 o'clock meeting  
4 and the potential next steps."

5 Do you see that?

6 A. Yes.

7 Q. Okay. And then if you go down to the bottom of page 1, it  
8 reads (reading):

9 "We also talked about the 'Episode of Illness'  
10 limitation which CMS allows for Medicare members which, in  
11 essence, states that Medicare does not pay for care beyond  
12 90 days of consecutive acute treatment and will not pay  
13 for care again until the member has been out of the  
14 hospital for 60 continuous days.

15 "In talking with Lyndon, he informed me that  
16 implementing this policy has been a problem particularly  
17 in Arizona where we could have used it on several cases  
18 because according to our legal folks, our COCs are not  
19 written in a way to support this CMS limitation.

20 "We need to add this topic to the to-do list. If  
21 this policy is able to be implemented correctly, it would  
22 also," in all caps, "be used as a blueprint for how to  
23 manage/mitigate non-Medicare long-term cases if we decide  
24 to cover them in the future."

25 Did I read that properly so far?

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1 A. Yes.

2 Q. Okay. And then you go on to say (reading):

3 "That to that point, it is important to highlight

4 that if the decision is made by SLT" --

5 And that refers to senior leadership team?

6 A. Yes.

7 Q. (reading)

8 -- "to cover long-term care (LTC), we would need to do

9 several things. One, we would need to develop network

10 criteria that defines what LTC is from a provider

11 perspective and then create a network; two, we would

12 need to develop both Level of Care Guidelines and CDGs

13 for LTC or long term care."

14 Did I read that properly?

15 A. Yes.

16 Q. I'd like to move to another topic, which is ALOS numbers  
17 and targets. And so let's look, please, at Trial Exhibit 305.

18 A. (Witness examines document.) Yes.

19 Q. And that is an e-mail from you dated April 13th, 2010, to  
20 a bunch of people at UBH where the subject is "Authorization  
21 Guidelines - Outlier Cases." Do you see that?

22 A. Yes.

23 Q. And an outlier case is where the member stays for an  
24 extended or unusual length of time; is that right?

25 A. Yes.

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1 Q. And the Affordability Department, or its equivalent, in  
2 2010 became concerned about a trend in outlier cases at that  
3 time; is that true?

4 A. Yes.

5 Q. And the idea was that there would be an outlier guideline  
6 to authorize certain amounts of days once an individual became  
7 an outlier; is that true?

8 A. Yes.

9 Q. Okay. And if you look at Exhibit 305, at that time seven  
10 days or more for acute inpatient was considered an outlier?

11 A. (Witness examines document.) Yes.

12 Q. And eight days or greater for both residential and partial  
13 hospitalization was considered an outlier?

14 A. Yes.

15 Q. And those days, the seven days and eight days, came from  
16 the analytics team at UBH?

17 A. Yes.

18 Q. And then if you look at the second paragraph in your  
19 e-mail, it says (reading):

20 "As a reminder," and then bolded, "the outlier  
21 guideline is to authorize one to two days for inpatient  
22 cases and two to three days for partial hospitalization  
23 cases and two to four days for residential cases."

24 Did I read that right?

25 A. Yes.

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1 Q. And so that once someone became an outlier, they would get  
2 those additional days and then there would be a concurrent  
3 review?

4 A. Yes.

5 Q. Now, just so we get the terms right, "length of stay" is  
6 the number of days that a person receives for a particular  
7 treatment? By that I mean, if you're admitted to a  
8 residential, for example, and you stay five days, your length  
9 of stay would be five days?

10 A. Yes, sir.

11 Q. Okay. And if there were a bunch of people and you  
12 calculated what they were on average, that would be average  
13 length of stay?

14 A. Yes.

15 Q. And it's true that UBH monitors its average length of stay  
16 for various levels of care?

17 A. Yes.

18 Q. And you were given access to the data through meetings  
19 with the Affordability Department?

20 A. Yes.

21 Q. And those meetings occurred roughly once a month?

22 A. Yes.

23 Q. If you could turn to Trial Exhibit 720, please.

24 A. (Witness examines document.) Yes.

25 Q. Okay. And that's an e-mail to you and others dated

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1 May 25th, 2010; is that true?

2 **A.** Yes.

3 **Q.** And the subject is "Updated Houston CAC Monthly Business  
4 Review"; is that correct?

5 **A.** Correct.

6 **Q.** And then there's an attachment that has the business  
7 review, I guess, in like a PowerPoint; is that true?

8 **A.** Yes.

9 **MR. KRAVITZ:** Okay. I move the admission of  
10 Exhibit 720.

11 **MR. RUTHERFORD:** One moment, Your Honor.

12 (Pause in proceedings.)

13 **MR. RUTHERFORD:** No objection.

14 **THE COURT:** Admitted.

15 (Trial Exhibit 720 received in evidence)

16 **BY MR. KRAVITZ:**

17 **Q.** Okay. And this Exhibit 720 is for the Houston CAC, but  
18 were there similar presentations for the other Care Advocacy  
19 Centers?

20 **A.** Yes.

21 **Q.** And you received them as well?

22 **A.** (Witness examines document.) I'm not sure if I did at  
23 that time.

24 **Q.** But you did eventually?

25 **A.** Yes.



1 Q. And they existed; correct?

2 A. Yes.

3 Q. All right. If you would turn to page 0015 in Exhibit 720,  
4 please.

5 A. (Witness examines document.)

6 Q. And this chart contains length-of-stay data for  
7 intermediate levels of treatment; is that correct?

8 A. I'm sorry.

9 Q. I think if you look at the top, it says -- it's the second  
10 line at the top (reading):

11 "Intermediate authorization length-of-stay frequency  
12 table based on admits count," and then paren, "residential  
13 partial hospitalization and recovery home."

14 A. Yes, that part; but I think you mentioned that it had to  
15 do with length of stay, and I don't think this one has to do  
16 with length of stay.

17 Q. Okay. Well, let's just look at it.

18 A. Uh-huh.

19 Q. But, in any event, it has to do with the commercial  
20 business; right?

21 A. Yes.

22 Q. And it has to do with those three intermediate levels of  
23 care that we just identified?

24 A. Yes.

25 Q. And the data displayed is for members who are actually

1 admitted to those levels of care; is that correct?

2 A. Correct.

3 Q. So there was no pre-auth denial?

4 A. Correct.

5 Q. And then if you take a look at it, for example, look at  
6 the look at the columns on the left-hand side of the chart.

7 A. Yes.

8 Q. Okay. And it has a heading "Number of Intermediate Days."  
9 Do you see that?

10 A. Yes.

11 Q. Okay. The first one down says "1," so that means that,  
12 you know, the person stayed one day; and how many were admitted  
13 and stayed one day is the next one over, that's 822. Is that  
14 right?

15 A. Yes.

16 Q. Okay. And then it goes down, and so by the time you get  
17 to eight numbers of days, it shows that 961 were admitted and  
18 stayed eight days; correct?

19 A. Correct.

20 Q. Okay. And then there's a blue line that goes from left to  
21 right across the chart. Do you see that?

22 A. Yes.

23 Q. And what you can tell is that it shows that roughly  
24 50 percent -- if you just look on the left-hand side of the  
25 chart for, I guess, December year-to-date 2009, it shows that

1 roughly half the members admitted to these intermediate levels  
2 of care stayed eight days or less and roughly half stayed eight  
3 days or more; is that correct? And you can see this if you  
4 look at the cumulative percentage of admits.

5 **A.** (Witness examines document.) Yes.

6 **Q.** And then let's move over to the little box on the  
7 right-hand side of the exhibit.

8 Yeah, keep going. Yes, that. Yes, that thing right up  
9 there. Yeah. No. Right here. Yep. That.

10 Okay. And in particular it shows that the average length  
11 of stay, the ALOS, for 2009 -- oh. Thank you.

12 So it says if you see that overall December year-to-date  
13 2009 ALOS is 10.56 days?

14 **A.** Yes.

15 **Q.** Do you see that?

16 And then it shows what the ALOS is for 2010 so far, and  
17 it's 10.03?

18 **A.** Yes.

19 **Q.** Okay. And then if you look above that, you'll see that  
20 there is a -- that there's actually a target reduction of  
21 5 percent in the number of days that were stayed?

22 **A.** Yes.

23 **Q.** And so it's true that UBH had length-of-stay targets; is  
24 that correct?

25 **A.** Yes.

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1 Q. And you were aware of that?

2 A. Yes.

3 Q. Okay. And it also shows that -- an average INT unit cost  
4 of \$303. Do you see that? It's right above that. It's total  
5 days.

6 A. Yes.

7 Q. Okay. And the "INT" refers to intermediate levels of  
8 care; right?

9 A. Yes.

10 Q. And "unit cost," that says that's an average number as to  
11 what it costs to have a member at that level of care per day;  
12 is that correct?

13 A. Yes.

14 Q. And it also -- that box also shows the number of days that  
15 would be saved if the ALOS were -- or the total number of days  
16 were cut by 5 percent?

17 A. Yes.

18 Q. Yes. And then if you multiply the number of days saved by  
19 that unit cost, you get a savings in dollars; is that correct?

20 A. Yes.

21 Q. Okay. And you see the target total savings is 2,542,181?

22 A. Yes.

23 Q. If you could turn to Exhibit 745, please.

24 A. (Witness examines document.) Yes.

25 Q. And let me see if I can just ask you generally. First of

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1 all, this is an e-mail from Robin Cooley to you and others  
2 dated July 10, 2013, and then with a copy to Fred Motz, subject  
3 "My Take on the June Close." Do you see that?

4 **A.** Yes.

5 **MR. KRAVITZ:** Okay. And I'd like to move the  
6 admission of Exhibit 720 -- 720? No. 745.

7 **THE COURT:** 745.

8 **MR. RUTHERFORD:** No objection, Your Honor.

9 **THE COURT:** It's admitted.

10 (Trial Exhibit 745 received in evidence)

11 **BY MR. KRAVITZ:**

12 **Q.** Okay. Just so we can do this quickly, I think Ms. Cooley  
13 was a part of the affordability team; is that correct?

14 **A.** Yes.

15 **Q.** And that one of the things the affordability team did was  
16 they track what was going on in terms of admits and length of  
17 stay?

18 **A.** Yes.

19 **Q.** Okay. So if the lengths of stays or ALOS increased, that  
20 could increase the cost and the utilization; is that correct?

21 **A.** Yes.

22 **Q.** And the same thing is true if the number of admits went  
23 up; right?

24 **A.** Yes.

25 **Q.** Okay. But if the number of admits went down or the ALOS

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1 went down, that could point it in the other direction; correct?

2 A. Yes.

3 Q. And I want to ask you one more question. If you would  
4 look on page 001 of Exhibit 745.

5 A. (Witness examines document.)

6 Q. And if you go down to "Oregon."

7 A. Yes.

8 Q. Okay. And it says (reading):

9 "Overall the Portland Medicare BOB" --

10 What does that stand for?

11 A. Book of business.

12 Q. Oh, I'm sorry. (reading)

13 -- "has been running overtargot and last year

14 performance all year. Currently we have 37.2

15 overtargot and 48.2 over last year run rate for the

16 same time period. With regards to the specific Oregon

17 account, both the legacy Secure Horizons East and PBH

18 accounts are overtargot. Increases are due to an

19 increase in length of stay. Admits per K," or

20 thousand, "for both plans decreased as compared to

21 last year.

22 "ALOS is Oregon," I think it means "in Oregon," and

23 then it gives some numbers, and then it says, "The lack of

24 an MD on-site has significantly impacted the review of

25 complex cases and contributed to the increase and length

1 of stay. With the hiring of Dr. Helfing, I anticipate we  
2 will see a decrease in length of stay."

3 Do you see that?

4 **A.** Yes.

5 **Q.** And then the next sentence says (reading):

6 "Most recently, I have been work" -- it says "work"  
7 but I think it meant "working" -- "with Paul to develop an  
8 HCQAI to address ALOS as we are seeing the increase across  
9 the various CACs."

10 Do you see that?

11 **A.** Yes.

12 **Q.** Did I read that properly?

13 **A.** Yes.

14 **Q.** And HCQAI is a healthcare quality and affordability  
15 initiative; is that right?

16 **A.** Yes.

17 **Q.** Okay. Let's move on to another topic that's related,  
18 which is benefit expense. And it's true that benefit expense,  
19 also known as ben-ex, is a proxy for medical expense; is that  
20 right?

21 **A.** Yes.

22 **Q.** And just so it's clear, medical expenses are the expenses  
23 for services that UBH pays for? So if there's a claim and it  
24 pays a claim, that's the ben-ex?

25 **A.** Yes.

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1 Q. And then if you could turn to 850, please.

2 A. (Witness examines document.)

3 Q. And on 850 is your common review or, I guess, performance  
4 review for February 24th, 2013?

5 A. Yes.

6 Q. Okay. And it was done by Mr. Keytel?

7 A. Yes.

8 Q. Is he a medical doctor?

9 A. No.

10 Q. Okay. So I didn't want to call him by the wrong thing.  
11 And in particular if you would turn to page 0003 in  
12 Exhibit 850, please.

13 A. Yes.

14 Q. And at the top you'll see that you were reviewed for  
15 business goals. Do you see that?

16 A. Yes.

17 Q. And the title is "Benefit Expense"? Yes?

18 A. Yes.

19 Q. And description "Achieved overall 2012 ben-ex target." Do  
20 you see that?

21 A. Yes.

22 Q. So you had a ben-ex target for 2012?

23 A. I didn't have a personal ben-ex target for 2012.

24 Q. I'm sorry. I didn't mean to interrupt you. Pardon me.

25 You did not personally have one, but there were ben-ex



1 targets?

2 **A.** Yes.

3 **Q.** And then comments (reading):

4 "After very rough start to 2012 and a result of  
5 significant focus on maintaining UM activities as the CACs  
6 transition to CAOM, OHBS is projected to outperform the  
7 budgeted ben-ex targets for 2012."

8 Do you see that?

9 **A.** Yes.

10 **Q.** And because of that good performance, you got a 5 or an  
11 outstanding in that category; correct?

12 **A.** Yes.

13 **Q.** Right. And just to be clear, the thing that you got a  
14 5 in was functional -- fundamental execution; correct? It says  
15 "Goal Category Fundamental Execution."

16 **A.** Yes, under "Maintaining UM Activities," yes.

17 **Q.** Okay. Moving on, I'd like to ask you a few questions  
18 about TMS.

19 **MR. KRAVITZ:** Oh, I'm sorry. I need to move to admit  
20 into evidence Exhibit 850.

21 **THE COURT:** Any objection?

22 **MR. RUTHERFORD:** I'm sorry. No objection, Your Honor.

23 **THE COURT:** It's admitted.

24 (Trial Exhibit 850 received in evidence)

25 \\\

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1 **BY MR. KRAVITZ:**

2 **Q.** And you're familiar with the term "TMS"?

3 **A.** Yes.

4 **Q.** Okay. And what does that stand for?

5 **A.** Trans magnetic stimulation.

6 **Q.** And that's a treatment for treatment-resistant major  
7 depressive disorder?

8 **A.** Yes.

9 **Q.** And it's true that UBH's CTAC initially found that TMS was  
10 unproven?

11 **A.** Yes.

12 **Q.** And unproven treatments are generally excluded from  
13 coverage and denied administratively?

14 **A.** Yes.

15 **Q.** And it's true, however, that in 2008, the FDA approved TMS  
16 for certain uses?

17 **A.** For the treatment of major depressive disorder.

18 **Q.** That was treatment-resistant?

19 **A.** No. Major depressive disorder, which is different than  
20 treatment-resistant depressive disorder.

21 **Q.** Okay. But at that time, 2008, UBH did not change its  
22 approach to TMS in terms of considering it unproven?

23 **A.** Correct.

24 **Q.** But in the 2013-2014 time frame, that began to change;  
25 correct?

1 A. Yes.

2 Q. And more scientific data came out and the companies  
3 started to look into whether maybe TMS should be covered in  
4 certain circumstances?

5 A. Yes.

6 Q. And also there were external reviewers who were  
7 overturning certain UBH denials?

8 A. Yes.

9 Q. Is that correct?

10 And as a result, UBH was paying some of those claims?

11 A. Yes.

12 Q. And as part of that consideration of whether or not UBH  
13 would change its position, it did an analysis of the potential  
14 cost impact that it would have on the company; is that right?

15 A. Yes.

16 Q. And the result of that analysis would be that TMS would be  
17 expensive and increase ben-ex; is that correct?

18 A. Yes.

19 Q. And then once it was determined that the company would  
20 cover TMS, it needed a CDG; is that true?

21 A. Yes.

22 Q. And it needed a CDG so that it could manage the benefit?

23 A. Yes.

24 Q. And just to be clear, managing the benefit means to look  
25 at the member's benefits and clinical status and the guideline

1 and either deny or authorize coverage?

2 A. Yes.

3 Q. Is that fair?

4 A. Yes.

5 Q. And do you recall that at some period in that process, in  
6 2013 or 2014, that there was consideration given to perhaps  
7 only covering it on the ASO as opposed to the risk business?

8 A. I don't recall that.

9 Q. Okay. If you could turn to 749, please, Exhibit 749 in  
10 your book.

11 And do you have 749 in front of you?

12 A. Yes.

13 Q. And that's an email from Dr. Bonfield to Rhonda  
14 Robinson-Beale and Jerry Niewenhous. Do you see that?

15 A. Yes.

16 Q. And attached is a power point from the Clinical Policy  
17 Committee; is that correct?

18 A. I'm not sure where this PowerPoint came from.

19 Q. I'm sorry?

20 A. I'm not sure where this PowerPoint came from. You said  
21 it's from the Clinical Policy Committee. I don't know if  
22 that's where it came from.

23 Q. It's dated November 7, 2013?

24 A. Yes. Yes.

25 Q. And you were on the Clinical Policy Committee at that

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1 time?

2 A. I don't remember if I was.

3 Q. Okay.

4 MR. KRAVITZ: Your Honor, may I approach the witness  
5 and show him a document to refresh his recollection?

6 THE COURT: As long as you have a copy --

7 MR. KRAVITZ: Yes, I do.

8 THE COURT: Sure.

9 BY MR. KRAVITZ:

10 Q. And, Dr. Triana, I'm showing you the minutes of the  
11 clinical coverage committee.

12 THE COURT: Clinical Policy Committee.

13 MR. KRAVITZ: I'm sorry. Clinical Policy Committee.  
14 I've got so many things.

15 BY MR. KRAVITZ:

16 Q. From November of 2013.

17 A. Yes.

18 Q. Does that refresh your memory that you were on the  
19 committee at that time?

20 A. Yes, I was.

21 Q. Okay. And that you see that there was a discussion then  
22 of TMS?

23 MR. KRAVITZ: I move the admission of 749.

24 MR. RUTHERFORD: Objection. Lack of foundation. He's  
25 not on this email.

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1           **THE COURT:** Overruled. It's admitted.

2           (Trial Exhibit 749 received in evidence.)

3           **BY MR. KRAVITZ:**

4           **Q.** If you would look down on page 749, at page -- strike  
5 that. I'm getting tongue tied here.

6           If you look at page 0005 of Exhibit 749.

7           **A.** Yes.

8           **Q.** And its recommendations of the Clinical Policy Committee.  
9 Do you see that?

10          **A.** Yes.

11          **Q.** And then it says (reading):

12                 "Given the lack of evidence about enduring treatment  
13 effect and the lack of treatment protocol the Committee  
14 recommends that coverage not be extended to our risk  
15 business."

16          Do you see that?

17          **A.** I do.

18          **Q.** (Reading:)

19                 "And Committee also recommended that our capability  
20 to manage care for those contracts that cover rTMS be  
21 built out with clinical policies, CDGs and LOCGs."

22          Do you see that?

23          **A.** Yes.

24          **Q.** And if you look up higher on the page, on 749-0005, do you  
25 see -- under "Customer Demand" do you see it's "Limited to

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1 selected ASO customers"?

2 Do you see that?

3 **A.** Yes.

4 **Q.** And then if you go to the first page of Exhibit 749, you  
5 see Dr. Bonfield's comment which says:

6 "I like this one with modifications. Thank you.

7 Jerry."

8 Did I read that right?

9 **A.** Yes.

10 **Q.** Okay. I'd like to move to 758, please. Exhibit 758.

11 And that is an email string that ends in April of 2014,  
12 also concerning TMS; is that right?

13 **A.** Yes.

14 **MR. KRAVITZ:** I move the admission of 758.

15 **MR. RUTHERFORD:** Two objections, Your Honor: Lack of  
16 foundation; but this is also a sealed document, one of the  
17 documents we anticipated was going to be sealed.

18 **MS. REYNOLDS:** Yeah, I apologize. I missed it on the  
19 list.

20 **THE COURT:** Okay.

21 **MR. KRAVITZ:** So what should we do --

22 **THE COURT:** So what's sealed in it?

23 **MS. REYNOLDS:** There's a reference to legal advice in  
24 the document.

25 **THE COURT:** Okay. So the motion to seal partially is

1 granted.

2 **MR. RUTHERFORD:** Thank you, Your Honor. Otherwise,  
3 there was just lack of foundation.

4 **THE COURT:** You want me to put on -- we can call the  
5 person who knows about all these emails and have them all put  
6 up there.

7 **MR. RUTHERFORD:** No, we don't have a hearsay objection  
8 to this, or authenticity. Just that this isn't an email  
9 between Dr. -- lack of foundation.

10 **MR. KRAVITZ:** Just to cut to this, if you look down,  
11 one email down --

12 **THE COURT:** I just want to stop this. I just want to  
13 stop this.

14 What do you mean "lack of foundation"? He cannot testify  
15 enough to allow it to be entered into evidence? Is that what  
16 you're saying?

17 **MR. RUTHERFORD:** Potentially. I don't know the  
18 questions that are getting asked, Your Honor.

19 **THE COURT:** Then you object to those questions. The  
20 only thing pending before the Court is a motion to admit.

21 **MR. RUTHERFORD:** Objection withdrawn, Your Honor.

22 **THE COURT:** Okay. It's admitted.

23 (Trial Exhibit 758 received in evidence.)

24 **MR. KRAVITZ:** I'd just note for the record that he  
25 actually is in the email string that follows.



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1           **THE COURT:** Okay. Fine.

2           **BY MR. KRAVITZ:**

3           **Q.** And then if you would turn to page 0009/10. I want to ask  
4 you a quick question about that.

5           You have an email there from -- it's from you to Carolyn  
6 Regan and Jerry Niewenhous, subject TMS benefit request. Do  
7 you see that?

8           **A.** Yes.

9           **Q.** And it says (reading):

10           "With the new guidance from legal, if the request for  
11 TMS meets our CDG, and the member's COC/SPD is silent on  
12 whether TMS is covered, is the answer now that we will  
13 approve TMS, where before we would deny the request" two  
14 question marks.

15           And then if you turn to the next page (reading):

16           "I am assuming the answer is yes. If so, when and  
17 who will be informing SLT and Finance of this decision so  
18 they can be aware of the financial implications?"

19           Did I read that right?

20           **A.** Yes.

21           **Q.** And then if you go over to the page 758-0008, do you see  
22 Carolyn Regan responds and she says:

23           "Yes, you are correct in that we would pay for  
24 commercial plans if TMS is not specifically excluded.  
25 There is a TMS guideline that should be used rather than

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1 another guideline, such as the MDD one referenced below.

2 I would suggest tightly managing these requests..."

3 Do you see that?

4 **A.** Yes.

5 **Q.** And if you recall that I asked you before whether or not  
6 the company had considered initially just covering for ASO  
7 business as opposed to risk business. Do you see that?

8 And if you look at page 0003, which is part of Carolyn  
9 Regan's email of April 15, 2014, and you see there's something  
10 in all bold that says "Bottom Line"?

11 **A.** I do see that.

12 **Q.** It says (reading):

13 "Bottom line is that from a legal perspective, we  
14 cannot deny some commercial requests and approve others  
15 based on our financial arrangements. Since we have found  
16 TMS to be proven under some circumstances we need to cover  
17 it for all commercial plans when it meets the criteria.  
18 We will need to manage it very tightly."

19 Do you see that?

20 **A.** I do.

21 **Q.** I read that correctly?

22 **A.** Yes.

23 **Q.** And then if you go to 766, please. And that is an email  
24 from Carolyn Regan to you and others about the TMS coverage  
25 guidance.

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1 Do you see that?

2 A. Yes.

3 Q. And it's -- it attaches a CDG for TMS; is that correct?

4 A. Yes.

5 Q. And it's instructing people to use it for TMS requests for  
6 the commercial business; is that correct?

7 A. It says -- it's instructing that that's a CDG to be used  
8 in those cases, yes.

9 Q. Right. For managing those requests; correct?

10 A. Correct.

11 Q. Okay. And once something like TMS goes into the clinical  
12 realm and the guideline is developed, then responsibility --  
13 then the responsibility of UBH's clinicians is to follow the  
14 guideline; correct?

15 A. Yes.

16 Q. Okay. Here's my last topic, which is ASAM. You know what  
17 ASAM is?

18 A. Yes.

19 Q. And it's a tool for selecting the level of care for  
20 substance use disorder?

21 A. Yes.

22 Q. And it's true that --

23 MR. KRAVITZ: Oh, I move the admission of Exhibit 758  
24 and 766.

25 MR. RUTHERFORD: No objection, Your Honor.

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1           **THE COURT:** They're admitted.

2           (Trial Exhibits 758 and 766 received in evidence.)

3           **BY MR. KRAVITZ:**

4           **Q.** And if you -- let me back up.

5           So it's true that UBH has considered adopting ASAM a  
6 variety of times?

7           **A.** Yes.

8           **Q.** And but UBH still does not use the ASAM criteria as the  
9 standard criteria for commercial business; is that correct?

10          **A.** Yes.

11          **Q.** And when UBH looks at the possibility of adopting an  
12 external guideline like ASAM, for example, it will look at the  
13 clinical side and the ben-ex side; is that correct?

14          **A.** Yes.

15          **Q.** And as to the clinical component, the Substance Use  
16 Disorder Workgroup was tasked to look at ASAM; is that correct?

17          **A.** Yes.

18          **Q.** And that workgroup was made up of clinicians from UBH who  
19 specialized in treating substance use disorders?

20          **A.** Yes.

21          **Q.** And UBH considers the members of that committee to be  
22 subject matter experts; is that correct?

23          **A.** Yes.

24          **Q.** And so when we see the term in that context, SMEs, that's  
25 subject matter experts?

1 A. Yes.

2 Q. And it's true that the subject matter experts on the  
3 workgroup recommended that the company adopt ASAM, at least  
4 from a clinical standpoint?

5 A. Yes.

6 Q. They concluded that it was appropriate from that  
7 standpoint, the clinical standpoint; right?

8 A. Yes.

9 Q. And you agree that the ASAM criteria is consistent with  
10 generally accepted standards of care?

11 A. Yes.

12 Q. And you also agree that they're widely accepted among  
13 providers who treat people with substance use disorders?

14 A. Yes.

15 Q. Okay. Let's look at the benefit side, ben-ex side of  
16 this.

17 And just to jump to the end of this, ultimately the reason  
18 that UBH didn't adopt ASAM was that it couldn't model the  
19 benefit expense?

20 A. I think, amongst reasons, that was one of the reasons.

21 Q. Right. But there was no clinical reason; correct?

22 A. That is correct.

23 Q. So the reason was on the ben-ex side. And the company  
24 felt like it couldn't model what the ben-ex impact would be.  
25 Is that correct?

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1 A. That's one of the components, yes.

2 Q. Let's -- if you would look at Exhibit 524, please.

3 A. I have it.

4 Q. Okay. And the email on the first page, the second one  
5 down is from you to Keith Keytel and Martin Rosenzweig; right?

6 A. Yes.

7 Q. And who is Martin Rosenzweig?

8 A. He was a senior medical director at that time.

9 Q. And he reported to you or indirectly to you?

10 A. He directly reported to me.

11 Q. And if you would turn, please, to page 0004 in Exhibit  
12 524.

13 Are you with me?

14 A. Yes.

15 Q. Okay. And that's an email from Martha Temple, to  
16 Dr. Bonfield, Keith Keytel, Bruce Bobbitt. Is that correct?

17 A. Yes.

18 Q. But you were ultimately forwarded this email string;  
19 right?

20 A. Yes.

21 MR. KRAVITZ: If I haven't moved the admission of  
22 Exhibit 524, I would like do that right now.

23 MR. RUTHERFORD: No objection.

24 THE COURT: Admitted.

25 (Trial Exhibit 524 received in evidence.)

## TRIANA - DIRECT / KRAVITZ

1           **MR. KRAVITZ:** Sorry. Excuse me.

2           **BY MR. KRAVITZ:**

3           **Q.** And Martha Temple was, sort of, the highest-ranking  
4 executive in the company at that time?

5           **A.** In behavioral health, yes.

6           **Q.** Yeah, behavioral health?

7           **A.** Yes.

8           **Q.** Yeah. Okay.

9           And her email says (reading):

10                 "Hi. I would like us to move towards the adoption of  
11 ASAM guidelines for our substance use disorder claim  
12 process. I recognize this will be like taking training  
13 and" -- let me start again. I'm sorry.

14                 (reading):

15                 "I would like to move towards the adoption of the  
16 ASAM guidelines for our substance use disorder claim  
17 process. I recognize this will take training and  
18 licensing but I feel that it is something we should be  
19 doing to get in line with evidence based guidelines for  
20 our policies around substance use.

21                 "I understand that in the past we've reviewed and  
22 even done a cross walk to see what this means. I also  
23 recognize there will be a cost to this upfront. I'd like  
24 to understand what that is, but I am guessing that using  
25 these types of guidelines will help us immensely on the

## TRIANA - DIRECT / KRAVITZ

1 back end when we have issues and denials.

2 "Who has owned this in the past and how do we dust it  
3 off and let me know the impact? Thanks. Martha."

4 Did I read that right?

5 **A.** Yes.

6 **Q.** And, then, if you go to page 003, Mr. Keytel responds. Do  
7 you see that at the bottom of the page?

8 **A.** Yes.

9 **Q.** And he says (reading):

10 "Martha, great question. Martin and Lorenzo were the  
11 ones involved in the past. And the barrier we couldn't  
12 break through was getting 'Finance' to agree on the  
13 conversion. Let me ask Lorenzo and Martin to go back and  
14 look for the information they worked on. I think it was  
15 at least two years ago now."

16 Did I read that right?

17 **A.** Yes.

18 **Q.** So it's true that it wasn't just in 2016 that ASAM came  
19 out, but at least in 2014, and probably in 2012, too; correct?

20 **A.** Yes.

21 **Q.** And then, ultimately, this issue came back to you and  
22 Martin Rosenzweig in 2016?

23 **A.** Yes.

24 **Q.** After Keith said "I think Martin and Lorenzo are the ones  
25 who had looked at this in the past," then it came back to you;



1 right?

2 **A.** Yes.

3 **Q.** All right. And then if you go to page 2, do you see that  
4 you respond to this after it got back to you, and you have an  
5 email on Friday, February 19th, 2016, at 3:03 p.m.?

6 **A.** Yes.

7 **Q.** Okay. And your email reads (reading):

8 "Wow. So you are correct, ASAM along with other  
9 third party guidelines have been a topic that  
10 intermittently surfaces and is discussed.

11 "As part of one of the SUD's work streams" --  
12 referring to the SUD workgroup?

13 **A.** Yes, Substance Use Disorder workgroup.

14 **Q.** (Reading:)

15 "-- we looked at adopting the ASAM guidelines but  
16 NEVER received a green light from Finance because they  
17 could not estimate the financial impact on Benex in  
18 changing from using the UBH Guidelines to ASAM.

19 "I recently had Martin push Finance again (Martin  
20 please let know who you reached out to) and the response  
21 was the same. I have been frankly surprised since I know  
22 we have membership that is currently being managed with  
23 ASAM guidelines but used to be managed with UBH's  
24 guidelines, so it would seem like a simple actuarial  
25 exercise."

## TRIANA - DIRECT / KRAVITZ

1 And then it goes on.

2 Did I read that properly?

3 **A.** Yes.

4 **Q.** And then if you turn to Exhibit 549.

5 And this is an email string from someone named Courtney

6 Esparza to Martha Temple and others, including you and

7 Mr. Rosenzweig; is that right?

8 **A.** Dr. Rosenzweig, yes.

9 **Q.** I didn't mean any insult there.

10 **A.** Just clarification.

11 **Q.** Anyway, he's on there and you're on there. And it

12 involves ASAM; correct?

13 **A.** Yes.

14 **MR. KRAVITZ:** Okay. Move the admission of 549.

15 **MR. RUTHERFORD:** No objection.

16 **THE COURT:** It's admitted.

17 (Trial Exhibit 549 received in evidence.)

18 **BY MR. KRAVITZ:**

19 **Q.** And then if you would turn to page 11 in that document,

20 please. And that document -- I hate to use that term -- is

21 Exhibit 549?

22 **A.** Yes. I'm sorry, you said which page?

23 **Q.** I'm sorry. 0011.

24 **A.** Yes.

25 **Q.** Okay. And that's -- that's a PowerPoint entitled "ASAM

## TRIANA - DIRECT / KRAVITZ

1 Guideline Decision." Do you see that?

2 A. I do.

3 Q. And there's a gentleman at the fork in the road. Do you  
4 see that?

5 A. Yes.

6 Q. And underneath it says "Adopt or Abandon" question mark?

7 A. Yes.

8 Q. Okay. And then if you go to page 12, 0012 in Exhibit 549,  
9 and look down to the fourth bullet.

10 A. Yes.

11 Q. Okay. And you see that it says (reading):

12 "ASAM has been formally adopted by Aetna, Cigna,  
13 Magellan, and several Blue Cross plans."

14 Do you see that?

15 A. Yes.

16 Q. And then if you go to the next page, which is 549-0013,  
17 there's a bullet that says:

18 "Using nationally recognized criteria."

19 Do you see where I am?

20 A. Yes.

21 Q. That says:

22 "Using nationally recognized criteria will better  
23 align us with other major national carriers." And then it  
24 brackets "Aetna, Cigna, Magellan and several Blue Cross  
25 plans," closed bracket.

**TRIANA - DIRECT / KRAVITZ**

1 Did I read that right?

2 **A.** Yes.

3 **Q.** And that is under -- what we just read on page 13, is  
4 under the heading "Advantages to Adopting ASAM"; correct?

5 **A.** Yes.

6 **Q.** And then I would like to turn to Exhibit 770.

7 If you would look at Exhibit 770, that is an email string  
8 from June 2014. Do you see that?

9 **A.** Yes.

10 **Q.** Okay. And you know that that was shortly after this  
11 lawsuit was filed? You know that?

12 **A.** Yes.

13 **MR. KRAVITZ:** And I would move the admission of 770.

14 **MR. RUTHERFORD:** No objection, Your Honor.

15 **THE COURT:** It's admitted.

16 (Trial Exhibit 770 received in evidence.)

17 **BY MR. KRAVITZ:**

18 **Q.** And then there's a blurb down on the bottom of page  
19 770-0002. Do you see that? It says: "Parity Lawsuit Filed  
20 Against United Healthcare"?

21 **A.** Yes.

22 **Q.** And you recognize that as a description of this case?

23 **A.** Yes.

24 **Q.** Okay. And then -- and that was sent to you from ED  
25 Bonnie?

## TRIANA - CROSS / RUTHERFORD

1     **A.**    No.

2     **Q.**    No?  Where did you get that?

3     **A.**    From Dr. Michael Bresolin; the next email up.

4     **Q.**    Thank you.

5           And then you responded in an email on June 10th of 2014.

6     You said, quote (reading):

7                 "This is an example where using third party  
8     guidelines" -- and third party is in quotes -- "such as  
9     ASAM would be beneficial ... as long as the Benex piece is  
10    cost neutral."

11    Did I read that right?

12    **A.**    Yes.

13                 **MR. KRAVITZ:**  Let me consult with my colleagues.

14    Okay.  No further questions at this time.

15                 **THE COURT:**  Okay.

16    Cross.

17                 **MR. RUTHERFORD:**  Yes, Your Honor.  Just a minute to  
18    get the binders up.

19                 **THE COURT:**  Yes.

20                 **MR. KRAVITZ:**  Sorry.  And I have one more thing.  
21    Sorry.

22                 (Pause)

23                 **MR. RUTHERFORD:**  Your Honor, are you ready?

24                 **THE COURT:**  Uh-huh.

25    \\

## TRIANA - CROSS / RUTHERFORD

CROSS-EXAMINATION

BY MR. RUTHERFORD:

Q. Dr. Triana, you testified or you were asked questions on direct examination regarding whether or not benefit expense was discussed at the BPAC.

Do you recall that testimony?

A. Yes.

Q. And you testified through your deposition testimony that benefit expense could have been raised in the BPAC; correct?

A. Yes.

Q. How many times a year did the BPAC meet during the time that there was a BPAC at UBH?

A. Approximately 30 times each year.

Q. So 30 times each year between 2011 and 2016?

A. Yes.

Q. And on what instances do you recall benefit expense being discussed at the BPAC with respect to what?

A. I recall it being discussed regarding the Milliman, the potential adoption of the Milliman Guidelines. I remember it being specifically discussed when we developed the CDG for TMS, trans magnetic stimulation.

And then I also recall it coming up when there was a development of a CDG for lab services.

Q. So aside from those three instances, do you have any recollection of benefit expense being raised during the BPAC

## TRIANA - CROSS / RUTHERFORD

1 meetings over the course of those seven years?

2 A. No.

3 Q. You were also asked questions regarding average length of  
4 stay and whether or not average length of stay was discussed at  
5 the BPAC meetings. Do you recall that?

6 A. Yes.

7 Q. And you testified through your deposition that the average  
8 length of stay could have been discussed at the BPAC meetings;  
9 correct?

10 A. Yes.

11 Q. Do you have any recollection of average length of stay  
12 ever being discussed at a BPAC meeting?

13 A. No.

14 Q. You indicated on your direct examination that a  
15 representative of the Affordability group had a membership seat  
16 on the BPAC; correct?

17 A. Yes.

18 Q. Does Affordability -- does the Affordability group cover  
19 any topics other than benefit expense?

20 A. As part of their job?

21 Q. Yes, as part of their job.

22 A. Yes. Utilization Management trends is what they look for  
23 or things that they look at.

24 Q. And you indicated on your direct examination that a member  
25 of the Finance group had a seat on the BPAC; correct?

## TRIANA - CROSS / RUTHERFORD

1     **A.**    Yes.

2     **Q.**    Specifically Fred Motz?

3     **A.**    Yes.

4     **Q.**    Do you ever recall Fred Motz actually attending a BPAC  
5   meeting?

6     **A.**    He didn't attend very frequently at all.

7     **Q.**    Do you ever remember him contributing to discussion at a  
8   BPAC meeting?

9     **A.**    No, not at all.

10    **Q.**    Directing your attention to Exhibit 259, specifically to  
11   page 0016.

12    **A.**    259?

13    **Q.**    259, at page 0016.

14           And specifically directing your attention to the section  
15   of that page starting with the phrase "Role of the Appeal  
16   Reviewer."

17           Do you see that?

18    **A.**    Yes.

19    **Q.**    I'm sorry?

20    **A.**    Yes.

21    **Q.**    Do you recall? You were asked questions about various  
22   parts of the process involving an appeal reviewer; correct?

23    **A.**    Yes.

24           **MR. RUTHERFORD:** If we could go down a little bit more  
25   on that document.



## TRIANA - CROSS / RUTHERFORD

1 **BY MR. RUTHERFORD:**

2 **Q.** One of the other things that -- aside from reviewing the  
3 guidelines and the other items that are listed in the second  
4 bullet point, an appeal reviewer will also consult with the  
5 treating practitioner; correct?

6 **A.** I'm sorry, what section are you on right now?

7 **Q.** Directing your attention to the final paragraph, it  
8 indicates, does it not, that "The appeal reviewer may request  
9 additional or new information in order to arrive at a  
10 determination"?

11 Do you see that?

12 **A.** Yes.

13 **Q.** And (reading):

14 "This information may include part or all of the  
15 member's electronic record, a written statement from the  
16 treating practitioner, a direct discussion with the  
17 treating practitioner, and all or part of the available  
18 clinical records"; correct?

19 **A.** Yes.

20 **Q.** So, in addition to the guidelines, those are matters that  
21 could be considered by an appeal reviewer; correct?

22 **A.** Correct.

23 **Q.** Now, directing your attention to page 259-0020, and  
24 specifically to the section starting with "Written notification  
25 of a denial includes..."

## TRIANA - CROSS / RUTHERFORD

1 Do you see that?

2 A. Yes.

3 Q. When --

4 MR. RUTHERFORD: If we could go down a little bit  
5 farther.

6 When a clinical denial is issued -- the third bullet point  
7 here -- in addition to the other information that is provided,  
8 UBH must offer alternative services that would be available and  
9 authorized; correct?

10 A. Yes.

11 Q. And how does that actually work in practice, Dr. Triana?

12 A. As part of the conversation during the peer review, and  
13 there's a determination that it's not meeting medical  
14 necessity, then it will be conveyed at that time. And then,  
15 also, it will be conveyed through the care advocate when the  
16 care advocate communicates with the facility, as well.

17 Q. Now, directing your attention to your testimony earlier  
18 today, you were asked a question earlier today regarding what  
19 information is included in the letter to the member.

20 Do you generally recall that testimony?

21 A. Yes.

22 Q. And you stated, in response to the question, that the --  
23 you were asked the question: Does the letter to the member  
24 cite all of the reasons for the adverse benefit decision;  
25 correct?

## TRIANA - CROSS / RUTHERFORD

1     **A.**     Correct.

2     **Q.**     And you answered, "No"?

3     **A.**     That's correct.

4     **Q.**     And then you were read your deposition testimony where you  
5     had stated, "Correct." Do you recall that?

6     **A.**     Yes.

7     **Q.**     Okay. Why did you answer "no"?

8     **A.**     Because it doesn't -- the letter does not contain all of  
9     the information. All of the information is contained in the  
10    electronic record. And the letter contains a piece of that in  
11    a language that's specific for the letter; meaning that,  
12    certain grade levels to the language, et cetera.

13    **Q.**     You were also asked questions --

14            **THE COURT:** What is --

15            **MR. RUTHERFORD:** Sorry, Your Honor.

16            **THE COURT:** What does that mean?

17            Let me tell you what I mean by "What does that mean?"

18            Are there any reasons contained in the electronic record  
19    that are not contained in the denial letters?

20            **THE WITNESS:** There could, yes.

21            **THE COURT:** Actual reasons?

22            So there could be something in the electronic record that  
23    says, well, this particular treatment is not justified because  
24    of A, B and C, and that wouldn't be contained?

25            **THE WITNESS:** No, that would be contained.

## TRIANA - CROSS / RUTHERFORD

1           **THE COURT:** What kind of a reason would be contained  
2 in the electronic record that would not be contained in the  
3 denial letter?

4           **THE WITNESS:** So the rationale on the denial letter is  
5 concise. And it will typically outline what is happening and  
6 why the main reason for the denial is.

7           If there's additional reasons like, you know, there are  
8 supportive services or something else, that may be contained in  
9 the electronic record, then that level of detail may not be  
10 also incorporated into the denial letter as well.

11           **THE COURT:** So you're saying there are, in fact,  
12 reasons for the denial that are not included in the denial  
13 letter, but not even summarized in the denial letter?

14           **THE WITNESS:** They are summarized in the denial letter  
15 but not outlined. There may be more things in the electronic  
16 record.

17           **THE COURT:** Okay. But bear with me.

18           **THE WITNESS:** Yes.

19           **THE COURT:** The reasons put into the letter --

20           **THE WITNESS:** Right.

21           **THE COURT:** -- are intended to summarize all of the  
22 reasons for the denial, including all of the reasons that are  
23 in the electronic record; right?

24           **THE WITNESS:** Yes.

25           **THE COURT:** Okay. Thank you.

## TRIANA - CROSS / RUTHERFORD

1 **BY MR. RUTHERFORD:**

2 **Q.** You were asked questions this morning, generally, on the  
3 relationship between the Coverage Determination Guidelines and  
4 the Level of Care Guidelines.

5 Do you generally recall that?

6 **A.** Yes.

7 **Q.** Since 2011, has every Coverage Determination Guideline  
8 fully incorporated the Level of Care Guidelines?

9 **A.** Since 2011?

10 **Q.** Yes.

11 **A.** Yes. It's quoted in there, but not the full level of care  
12 guideline.

13 **Q.** So the full level of care guideline has not been?

14 **A.** No, has not been. For every year since 2011, no.

15 **Q.** For every year since 2011, the Common Criteria has not  
16 been fully incorporated into the care --

17 **A.** Correct.

18 **Q.** -- Coverage Determination Guidelines?

19 **A.** Correct.

20 **Q.** Correct.

21 Earlier this morning you were asked a question regarding  
22 whether or not the guidelines were merely background. Do you  
23 generally recall that?

24 **A.** Yes.

25 **Q.** And you had stated that the guidelines augment clinical

## TRIANA - CROSS / RUTHERFORD

1 judgment; correct?

2 A. Yes.

3 Q. And then do you recall that you were read --

4 THE COURT: That's not what he said. Try again.

5 BY MR. RUTHERFORD:

6 Q. You raised, in connection with the question regarding  
7 whether or not the guidelines were backgrounds, you stated --  
8 you were read testimony from your deposition this morning that  
9 the guidelines are not merely background; correct?

10 A. Yes.

11 THE COURT: Well, why don't you read the full  
12 testimony, because you're just getting a tiny piece of what was  
13 given.

14 MR. RUTHERFORD: Right.

15 BY MR. RUTHERFORD:

16 Q. So I direct your attention to page 271 of your deposition.

17 MR. KRAVITZ: Your Honor, I don't think that I  
18 actually had to read that in because I think he answered the  
19 question.

20 THE COURT: I think he answered it.

21 MR. KRAVITZ: He gave --

22 THE COURT: I think that's right.

23 MR. RUTHERFORD: Your Honor, this is the point that I  
24 would like to make: My understanding of the question that was  
25 asked was that clinical judgment played a role in making

## TRIANA - CROSS / RUTHERFORD

1 coverage determinations.

2 **THE COURT:** No, that's not the question that was  
3 asked.

4 **MR. RUTHERFORD:** No, no, that was the answer that was  
5 given.

6 **THE COURT:** It's not the answer that was given.

7 **MR. RUTHERFORD:** If I could just --

8 **BY MR. RUTHERFORD:**

9 **Q.** Does clinical judgment play a role --

10 **THE COURT:** There you go. You can ask that question.

11 **BY MR. RUTHERFORD:**

12 **Q.** Does clinical judgment play a role in making coverage  
13 determination decisions?

14 **A.** Yes.

15 **Q.** What role is that?

16 **A.** A significant role. It's the biggest role.

17 **Q.** And how does clinical judgment work with the Level of Care  
18 Guidelines and the Coverage Determination Guidelines? What is  
19 the relationship?

20 **A.** So the relationship is, the physician, the medical  
21 director, is taking the clinical information, using their  
22 clinical judgment, and then weighing that against the criteria  
23 in the guidelines.

24 **Q.** You were asked questions earlier regarding inter-rater  
25 reliability. Do you recall those questions?

## TRIANA - CROSS / RUTHERFORD

1 A. Yes.

2 Q. And specifically with respect -- well, and then you were  
3 shown Exhibits 299, 300, 301, 302, and 343. Do you recall  
4 those?

5 A. Yes.

6 Q. And those are the inter-rater reliability reports?

7 A. Correct.

8 Q. Is inter-rater reliability required by UBH's accreditors?

9 A. Yes.

10 Q. Now, directing your attention to Exhibit 408, and  
11 specifically to page 408-08.

12 Do you have that in front of you?

13 A. I'm sorry, which -- 408; correct?

14 Q. Yeah.

15 A. And which page in 408?

16 Q. 0008.

17 A. 8, okay. The last one.

18 Q. You were asked questions earlier, were you not, about  
19 comments made by, among others, someone named Bernstein. Do  
20 you see that?

21 A. Yes.

22 Q. Before I get to that, what is the BSAC?

23 A. It's the Behavioral Speciality Advisory Council.

24 Q. And who sits on the BSAC?

25 A. The BSAC individuals that are clinicians or representative



## TRIANA - CROSS / RUTHERFORD

1 of professional societies like the American Psychiatric  
2 Association, American Psychological Association, and such.

3 Q. Are they employees of UBH?

4 A. No, they are not.

5 Q. They are external clinicians?

6 A. Yes.

7 Q. Now, you were asked questions, if you recall, about the  
8 comments made by Bernstein at the top, beginning with the idea  
9 of "Why Now."

10 Do you recall those questions?

11 A. Yes.

12 Q. Who is Bernstein?

13 A. Dr. Bernstein is a psychologist in the outpatient network.

14 Q. And what is the NPAC?

15 A. The National Provider Advisory Council.

16 Q. Does he work for UBH?

17 A. No, he does not.

18 Q. Now, directing your attention to Exhibit 516, at page  
19 0005.

20 And this is also provider feedback; right, Dr. Triana?

21 A. Yes.

22 Q. This is provider feedback for 2016; correct?

23 A. That is correct.

24 Q. In 2016, did the Level of Care Guidelines still contain  
25 the phrase "why now"?

## TRIANA - CROSS / RUTHERFORD

1 A. Yes.

2 Q. And directing your attention to page 516-0005.

3 A. Yes.

4 Q. Do you see that there are two comments made by someone  
5 named Bernstein?

6 A. Yes.

7 Q. Is that the same Dr. Bernstein who provided the commentary  
8 to the 2014 Level of Care Guidelines?

9 A. It is.

10 Q. And he states, does he not (reading):

11 "I have reviewed the Level of Care Guidelines and for  
12 the most part find them to be clear, well written and  
13 organized, and more complete and better thought out than  
14 many such documents I have read. The guidelines offer  
15 adequate support for making decisions about care when  
16 facilities or practitioners are available."

17 That's what it states; correct?

18 A. Yes.

19 Q. And then directing your attention to Exhibit 516, at page  
20 0007, to the top of that page.

21 A. Yes.

22 Q. And you recall being asked questions earlier today  
23 regarding the statements made by Dr. Axelson?

24 A. Yes.

25 Q. And you were asked whether or not you agreed with

## TRIANA - CROSS / RUTHERFORD

1 Dr. Axelson's statements; correct?

2 A. Yes.

3 Q. Directing your attention to the second sentence of that  
4 piece of feedback, it states (reading):

5 "I am very concerned that the overemphasis of this  
6 type of treatment has contributed to an ineffective and  
7 inefficient overall treatment system."

8 Do you see that?

9 A. Yes.

10 Q. Do you agree with that?

11 A. No.

12 Q. Now, directing your attention to Exhibit 755.

13 A. Sorry. What was the page number?

14 Q. I'll get you the page in a moment.

15 A. Which exhibit? Sorry.

16 Q. 755.

17 A. Yes.

18 Q. This is an email exchange in 2014; correct?

19 A. Yes.

20 Q. And at the time, did UBH's guidelines provide for  
21 long-term placement if the treatment for that service was  
22 necessary for the patient?

23 So, at the time, could a patient have gotten a long-term  
24 placement under the UBH guidelines?

25 A. Yes, as long as it met the criteria.

## TRIANA - CROSS / RUTHERFORD

1 Q. And this was an effort to develop a separate and specific  
2 level of care for long-term care; correct?

3 A. Correct.

4 Q. That had not existed prior to that; correct?

5 A. Correct.

6 Q. And then directing your attention to page 2 of that  
7 exhibit, 755-0002.

8 You set forth three steps that you think are necessary --

9 A. Yes.

10 Q. -- in the event that the company wants to develop a  
11 separate specific level of care; correct?

12 A. Correct.

13 Q. Now, directing your attention to Exhibit 305.

14 Let me know when you have that in front of you.

15 A. Yes.

16 Q. This is the exhibit that referenced, in quotations,  
17 "outlier cases"; correct?

18 A. Correct.

19 Q. Are these -- these dates that are listed here on Exhibit  
20 305, is this still the policy of UBH --

21 A. No.

22 Q. -- stay limits?

23 A. No.

24 Q. And was there a limit, even at the time, on the actual  
25 number of days that would be covered?

1     **A.**    No.

2     **Q.**    So could more days have been authorized depending upon the  
3     appropriateness of the treatment?

4             **MR. KRAVITZ:** Your Honor, I haven't objected to the  
5     leading up to this point, but this is his witness.

6             **THE COURT:** Okay. Let's try to do nonleading  
7     questions.

8             **MR. RUTHERFORD:** Yes, Your Honor.

9     **BY MR. RUTHERFORD:**

10    **Q.**    At the time of this email, were there limits on the number  
11    of days that could be authorized by a UBH clinician?

12    **A.**    No. I specifically stated: "If you authorize beyond the  
13    guideline, you must document clearly the rationale for the  
14    exception."

15    **Q.**    Okay. Now, directing your attention to Exhibit 745.  
16    Specifically to page 0001 within that exhibit.

17             Do you have that in front of you?

18    **A.**    Yes.

19    **Q.**    Could you please read the last sentence of the paragraph  
20    beginning with "Oregon."

21    **A.**    (Reading:)

22             "Use of this service can be helpful with the  
23             discharge of complex cases and reduce the overall length  
24             of stay."

25    **Q.**    And was that in connection with bringing in an M.D. on

## TRIANA - CROSS / RUTHERFORD

1 site?

2 A. Yes.

3 Q. You were asked questions, just a few moments ago,  
4 regarding ASAM. Do you recall those questions?

5 A. Yes.

6 Q. I would like to direct your attention to Exhibit 524.

7 A. Yes.

8 Q. Was the adoption of the ASAM criteria considered by UBH in  
9 2012?

10 A. Yes, but not in the BPAC.

11 Q. No, no. Was the adoption of the UBH criteria considered  
12 by UBH in --

13 A. Repeat the question.

14 Q. Yes. In 2012, did UBH consider adopting the ASAM  
15 criteria?

16 A. Yes.

17 Q. And did they?

18 A. No.

19 Q. Do you know whether or not a benefit expense analysis of  
20 adopting the ASAM criteria was done in 2012?

21 A. I don't recall that.

22 Q. You don't recall whether there was a ben-ex --

23 A. I don't recall the details of that.

24 Q. Was one done?

25 A. I believe so, yes.

## TRIANA - CROSS / RUTHERFORD

1 Q. Do you recall what it concluded?

2 A. No.

3 Q. Was another financial analysis done in 2014?

4 A. Yes.

5 Q. You were asked questions a moment ago about the  
6 consideration of benefit expense in connection with considering  
7 the adoption of the ASAM criteria.

8 Do you generally recall those?

9 A. Yes.

10 Q. Why, in your view, was it important for benefit expense to  
11 be considered with respect to adopting the ASAM criteria?

12 A. So when a -- adopting a guideline like ASAM at a national  
13 level is a fairly significant process. And not only does it  
14 involve training and those kind of things, but one of the  
15 things is that you have to also approach the health plans and  
16 the customers that you have plans with, and you have to address  
17 and let them know that you may be changing a guideline. And  
18 one of the things that they may be asking is what are,  
19 potentially, the cost implications to that.

20 So it's important to be able to answer those kinds of  
21 questions, because they are the customers.

22 Q. So what would the potential -- do you have any  
23 understanding of what the potential concern would be for a  
24 customer that was self-funded?

25 A. They would be paying -- if there's any difference, they

1 would be absorbing the benefit expense.

2 **Q.** Do you have any understanding of what the concern would be  
3 for a customer that was fully insured?

4 **A.** The same thing.

5 **THE COURT:** What do you mean? How are they absorbing  
6 it when it's fully insured? What if UBH is insuring it; how is  
7 the customer affected?

8 **THE WITNESS:** So if UBH -- the customer could be  
9 United -- the medical plan. And then if the -- if there would  
10 be a benefit expense impact, then the premiums that the  
11 behavioral side would charge the medical side would be  
12 affected.

13 **THE COURT:** All right.

14 **BY MR. RUTHERFORD:**

15 **Q.** You've been on pitches before to sell a plan to an  
16 employer; correct?

17 **A.** Yes.

18 **Q.** Is cost one of the items that employers, in your  
19 experience, ask about when purchasing plans?

20 **A.** Yes.

21 **Q.** You were also asked questions about TMS. Do you recall  
22 that?

23 **A.** Yes.

24 **Q.** And specifically you were asked questions about which book  
25 of business -- well, let me ask it to you differently.



## TRIANA - CROSS / RUTHERFORD

1           You mentioned a difference between MDD and TRD. What are  
2 MDD and TRD?

3   **A.**    So MDD is major depressive disorder. TRD is treatment  
4 resistant depression.

5   **Q.**    And for which of those was there earlier FDA approval?

6   **A.**    For the treatment of MDD, major depressive disorder.

7   **Q.**    And then later, did FDA approve TMS for TRD?

8   **A.**    No.

9   **Q.**    Is that something that the CTAC ultimately approved?

10   **A.**   Recommended that. Yes, that it was proven.

11   **Q.**   Now, after the CTAC -- the CTAC initially analyzed TMS --  
12 no, that's leading.

13           Did the CTAC do an initial evaluation of TMS to determine  
14 whether or not it was evidence based?

15   **A.**   Yes.

16   **Q.**   And what was that initial determination?

17   **A.**   That it was unproven and experimental and investigational.

18   **Q.**   Did CTAC conduct a subsequent evaluation of TMS?

19   **A.**   Yes.

20   **Q.**   And what did it subsequently determine?

21   **A.**   That it was proven under certain circumstances.

22   **Q.**   Can you explain which of the customers first began  
23 receiving approvals for TMS by UBH?

24   **A.**   The first customers were health plans that requested  
25 having that added to their benefit.

## TRIANA - CROSS / RUTHERFORD

1 Q. What was the second set of customers for which TMS  
2 authorizations were made by UBH?

3 A. All of the commercial plans managed out of the national  
4 CACs.

5 Q. And were those plans for which UBH carried the risk?

6 A. Yes.

7 Q. And what was the third set of plans for which TMS was  
8 authorized by UBH?

9 A. The self-insured.

10 Q. Would those be the ones that would --

11 A. ASOs.

12 Q. -- bear the costs themselves?

13 A. Correct.

14 MR. RUTHERFORD: One moment, Your Honor. I just need  
15 to find an exhibit.

16 BY MR. RUTHERFORD:

17 Q. So directing your attention to Exhibit 758, at page 0008.

18 A. Yes.

19 Q. And specifically to the bottom right-hand corner of that  
20 exhibit.

21 A. What page on 758? Sorry.

22 Q. 0008.

23 A. 08. Yes.

24 Q. And in that exhibit you were asked -- or it was noted to  
25 you that there was a suggestion to tightly manage the TMS

## TRIANA - CROSS / RUTHERFORD

1 requests; correct?

2 A. Yes.

3 Q. And then the same phrase appeared on page 758-0003?

4 A. Yes.

5 Q. And this was more of a directive from Ms. Regan to tightly  
6 manage?

7 A. It was her recommendation, yes.

8 Q. Correct. What -- what did it mean, at the time, to  
9 tightly manage the TMS requests?

10 A. What it looked like operationally was that any TMS request  
11 was going to be reviewed by a medical director.

12 Q. And why was that significant, if at all?

13 A. It was significant because we wanted the additional  
14 scrutiny of a clinical medical director reviewing the service  
15 request for that.

16 MR. RUTHERFORD: Your Honor, just a moment. I may be  
17 done.

18 THE COURT: Sure.

19 BY MR. RUTHERFORD:

20 Q. Currently, does UBH cover TMS for all plans where TMS is  
21 not excluded?

22 A. Yes.

23 MR. RUTHERFORD: One moment, Your Honor.

24 BY MR. RUTHERFORD:

25 Q. Last couple of questions.

**TRIANA - REDIRECT / KRAVITZ**

1 When the -- during the period of time that the MDDs were  
2 tightly managing the requests, were the number of  
3 authorizations or denials different from what they are today?

4 **A.** No.

5 **MR. RUTHERFORD:** No further questions, Your Honor.

6 **THE COURT:** Redirect.

7 **REDIRECT EXAMINATION**

8 **BY MR. KRAVITZ:**

9 **Q.** Dr. Triana, just a few follow-ups here.

10 You were asked a question on examination by UBH's lawyer  
11 about clinical judgment. Do you remember that?

12 **A.** Yes.

13 **Q.** And it is true, as you said in response to my questions,  
14 that the guidelines are not just in the background; but, in  
15 fact, the medical directors use them to make their  
16 determinations?

17 **A.** Using their sound clinical judgment with the guidelines,  
18 yes.

19 **THE COURT:** I think we beat this to death.

20 **MR. KRAVITZ:** We have. I'd just like to -- okay.

21 **THE COURT:** Don't bother.

22 **MR. KRAVITZ:** Okay.

23 **THE COURT:** Don't.

24 **MR. KRAVITZ:** I got it. Got it. Got it. Got it.

25 \\\

1 **BY MR. KRAVITZ:**

2 **Q.** And then in the question about ben-ex discussions at the  
3 BPAC level, do you recall being asked questions about that?

4 **A.** Yes.

5 **Q.** And you actually gave three examples of discussions of  
6 ben-ex at the BPAC level with respect to guidelines; is that  
7 correct?

8 **A.** Correct.

9 **Q.** And I'd like to refer to your deposition at page 322, page  
10 25 -- and this is the Volume 2, Volume 2, page 322, line 25  
11 through page 323, line 13.

12 **"Q.** When the BPAC discussed changes, proposed changes to  
13 the Level of Care Guidelines, did anyone everybody raise  
14 concerns about the impact of the changes on benefit  
15 expense?

16 **"A.** It would be something that would also be part of a  
17 discussion if somebody felt that. So I recall, again, in  
18 general that that would occur with a guideline. Typically  
19 I don't recall it as much. I'm trying to think of  
20 specific examples, and I can't come up with something.  
21 But, yes, people could -- somebody could bring up an issue  
22 related to that."

23 And then you were asked questions about the inter-rater  
24 reliability. Do you recall that?

25 **A.** Yes.

## TRIANA - REDIRECT / KRAVITZ

1 Q. And whether or not that was required by the accrediting  
2 agencies, it is something that UBH did; right?

3 A. Yes.

4 Q. And took it seriously; correct?

5 A. Yes.

6 Q. And determined that the IRR rates were very high, which  
7 indicated consistent use of the guidelines; correct?

8 A. Yes.

9 Q. And then with respect to TMS, I think that you have said a  
10 couple of times, in response to UBH's counsel, that -- that  
11 those benefits, after they were -- they were going to be  
12 covered, and some things were tightly managed. Do you recall  
13 that thing?

14 A. Yes.

15 Q. And you recall that, in fact, the second time that  
16 Ms. Regan said that she said "very tightly managed." Do you  
17 recall that?

18 A. Yes.

19 Q. And I think that what you said was that every TMS request  
20 for coverage would go to a peer reviewer; is that right?

21 A. To a medical director, yes.

22 Q. Medical director. So that means that it would be in  
23 addition to a care advocate; right?

24 A. Right.

25 Q. And, as you put it, that was additional scrutiny; correct?

## TRIANA - REDIRECT / KRAVITZ

1     **A.**    Oversight, yes.

2     **Q.**    And then you were asked questions about, I believe, the  
3    feedback by Mr. Bernstein or Dr. Bernstein.

4     **A.**    Uh-huh.

5     **Q.**    Do you recall that?

6     **A.**    Yes.

7     **Q.**    Okay.  And I would like to -- well, let me ask you this  
8    question:

9            Isn't it true that the letter that goes to people like  
10   Dr. Bernstein, to take a look at the guidelines, doesn't ask  
11   them whether or not the guidelines are consistent with  
12   generally accepted standards of care?

13   **A.**    I have not seen the letter that actually goes to  
14   requesting that.

15   **Q.**    And so I take it that you would say you don't know whether  
16   or not it discloses that the plans require that coverage be  
17   provided at the level indicated by generally accepted standards  
18   of care?

19   **A.**    I don't know what the letter specifically says.

20   **Q.**    Okay.  Have you ever seen it?

21   **A.**    No.

22            **MR. KRAVITZ:**  I'd like to, if I may, approach the  
23   witness, Your Honor.

24            Did you give one to them?

25            **MS. REYNOLDS:**  Yes.

## TRIANA - REDIRECT / KRAVITZ

1           **MR. KRAVITZ:** May I approach the witness?

2           **THE COURT:** Yes.

3           **BY MR. KRAVITZ:**

4           **Q.** And I'm going to show -- I'm going to show you what's been  
5 marked as Exhibit 575. If you could take a look at that.

6           And it is a compilation of feedback solicitation letters,  
7 I believe, if my memory serves me, from 2009, 2013, and 2014.

8           Do you have that in front of you?

9           **A.** Yes.

10          **Q.** Okay. And it's got United Behavioral Health at the top.  
11 Do you see that?

12          **A.** Yes.

13          **Q.** Okay. And you have no doubt that this is a UBH document?

14          **A.** Correct.

15          **Q.** And it's soliciting feedback.

16          Do you see that?

17          **A.** Yes.

18                 **MR. KRAVITZ:** And I'd like to move this exhibit into  
19 evidence.

20                 **MR. RUTHERFORD:** No objection.

21                 **THE COURT:** Admitted.

22                 (Trial Exhibit 575 received in evidence.)

23           **BY MR. KRAVITZ:**

24           **Q.** And if you -- let's just look at the first page. You'll  
25 see what the questions are.



## TRIANA - REDIRECT / KRAVITZ

1 "As you review these guidelines, please keep the  
2 following questions in mind:

3 "Do the guidelines offer adequate support for making  
4 decisions about case?

5 "Are the guidelines organized in a manner that makes  
6 them easy to use?

7 "Are there criteria that are ambiguous or unclear?

8 "Are there criteria that should be added or deleted?"

9 Do you see that?

10 **A.** Yes.

11 **Q.** Doesn't say anything about are they consistent with  
12 generally accepted standards of care; right?

13 **A.** Doesn't say that.

14 **Q.** Right.

15 And so this letter isn't specifically soliciting feedback  
16 on that subject; correct?

17 **A.** It's soliciting general feedback.

18 **Q.** Right. Doesn't mention generally accepted standards of  
19 care; correct?

20 **A.** No.

21 **Q.** You were asked some questions about Exhibit 305. That was  
22 the -- you remember that? Do you recall that?

23 **A.** Yes.

24 **Q.** Okay. And that's -- that's the one that had to do with  
25 day and visit limits; right?

## TRIANA - REDIRECT / KRAVITZ

1 A. Authorization guidelines.

2 Q. Right. Outlier guidelines?

3 A. Correct.

4 Q. Right.

5 And that we talked about that, that, in fact, outlier  
6 cases would be identified; right? Yes?

7 A. Yes.

8 Q. And then there would be, you know, two to three days, two  
9 to four days, something like that, authorized subject to  
10 concurrent review; correct?

11 A. Correct.

12 Q. But you testified, in response to UBH's lawyer, that there  
13 are no day or visit limits in effect now; right?

14 A. That is correct.

15 Q. Okay. Turn to Exhibit 768, please. And that is a  
16 document that is in evidence. Okay. And that -- it's an email  
17 dated May 20th, 2014, from Chris Garcia to a number of UBH  
18 employees; is that correct?

19 A. Correct.

20 Q. Okay. And if you would turn to page 0009 of that  
21 document. Are you with me?

22 A. Yes.

23 Q. And the title there is "Quantitative Impact and Mitigation  
24 Strategies."

25 Do you see that?

## PROCEEDINGS

1     **A.**    Yes.

2     **Q.**    And "impact" is removal of day and visit limits on  
3   inpatient, intermediate, and outpatient; correct?

4     **A.**    Correct.

5     **Q.**    Right.

6           And that was one of the results of the parity act, that  
7   you couldn't have day and visit limits; correct?

8     **A.**    Correct.

9     **Q.**    And to the right there's a mitigation strategy; right?

10    **A.**    Correct.

11    **Q.**    And it says:

12           "Continued use of concurrent review to ensure  
13   appropriate utilization."

14   Did I read that right?

15    **A.**    Yes.

16           **THE COURT:** We have to stop shortly.

17           **MR. KRAVITZ:** I may be done.

18           **THE COURT:** Okay.

19           **MR. KRAVITZ:** That's it for now.

20   Thank you, Your Honor.

21           **MR. RUTHERFORD:** Nothing further from us, Your Honor.

22           **THE COURT:** Thank you, sir.

23   Okay. We're done for the day. 8:30 tomorrow morning.

24   Anything we need to talk about?

25           **MR. ABELSON:** Your Honor, I wanted to raise one quick

## PROCEEDINGS

1 sealing issue.

2 There are two videos we intend to show in the morning.  
3 One of the videos of Mr. Rockswold involved two documents they  
4 move to sealed seal. It would be helpful to have a ruling on  
5 the sealing so our trial tech, tonight, can prepare the video.  
6 We can also address it in the morning, if you prefer.

7 **THE COURT:** I don't understand. Videos are videos.

8 **MR. ABELSON:** Oh, I'm sorry. The documents that are  
9 being discussed at the time. This involves Exhibits 564 and  
10 812.

11 **THE COURT:** Well, are they going to go over pages that  
12 are sealed, you want sealed?

13 **MR. HOLMER:** Actually, Your Honor, I believe at least  
14 one of the exhibits we've sought to seal in its entirety. So  
15 to the extent they intend to show that, yes.

16 We're happy to address this right now, in the morning,  
17 whatever your preference is.

18 **THE COURT:** Well, I don't know. What do you want to  
19 seal in its entirety?

20 **MR. HOLMER:** The document we seek to seal in its  
21 entirety, Your Honor, is an email chain with counsel that is  
22 discussing potential changes to a particular guideline in light  
23 of some regulatory inquiries by the State of Indiana.

24 **THE COURT:** And you're going to show them having  
25 testified about it?

1           **MR. ABELSON:** Yes.

2           **THE COURT:** That's not going to be sealed in the  
3 courtroom. I'm happy to seal it in the record, but I'm not  
4 going to seal it in the courtroom.

5           **MR. HOLMER:** Understood, Your Honor.

6           **THE COURT:** And the other one is just sealed in part.  
7 What's that?

8           **MR. HOLMER:** Yes. We -- it's related email. A  
9 similar conversation. But that document, we think only  
10 portions need to be sealed.

11           **THE COURT:** Okay. I'm happy with both of them to seal  
12 them as you like; but I won't seal the courtroom.

13           **MR. ABELSON:** Thank you.

14           **MR. HOLMER:** Understood. Thank you, Your Honor.

15           **THE COURT:** They can testify and show those documents.

16           **MR. ABELSON:** Thank you.

17           **MS. REYNOLDS:** Your Honor, for planning purposes, we  
18 have, we think, less than an hour of video testimony, and then  
19 we intend to rest.

20           **THE COURT:** Great.

21           **MR. HOLMER:** Excuse me, Your Honor. If I could just  
22 clarify one thing for the record. Those two exhibits, I  
23 believe, were 812 and 564, so that's on the record what's being  
24 sealed.

25           **THE COURT:** Okay. Moving right along.

## PROCEEDINGS

1 Okay. We'll see you then.

2 **THE CLERK:** The Court stands in recess.

3 (Recess taken at 1:01 p.m.)

4 (Proceedings to resume on Tuesday, October 23, 2017.)

5 - - - -

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7  
8 CERTIFICATE OF REPORTERS

9 We certify that the foregoing is a correct transcript  
10 from the record of proceedings in the above-entitled matter.

11 DATE: Monday, October 23, 2017

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13 

14  
15 \_\_\_\_\_  
16 Katherine Powell Sullivan, CSR #5812, RMR, CRR  
17 U.S. Court Reporter

18 

19  
20 \_\_\_\_\_  
21 Jo Ann Bryce, CSR #3321, RMR, CRR  
22 U.S. Court Reporter  
23  
24  
25